

THE ST. REGIS BAL HARBOUR RESORT

Bespoke

MAGAZINE

TAILORED FOR THE ST. REGIS BAL HARBOUR RESORT
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Bal Harbour*
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ART *of* WELLNESS

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ST REGIS

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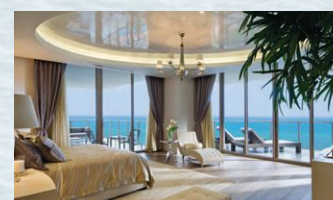
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Welcome

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Summer is a season to relax and rejuvenate, and at our resort there's no better way to reach the ideal state of well being than with our new Wellness Program. Incorporating fitness, culinary arts and spa indulgences, the program customizes itineraries for a comprehensive experience.

Whether a guest or resident wishes to participate in an intensive yoga and aerobics session or meditate while listening to the soothing sounds of the ocean, we offer intimate sessions to provide personalized attention to each individual. In addition to our array of natural workout experiences, we also invite all guests to take advantage of our state-of-the-art fitness center featuring cardio and weight training equipment by Italian fitness experts Technogym.

Our commitment to wellness also extends to culinary experiences at the resort, with our premier dining establishments offering healthy options to help guests achieve their nutritional goals. We invite you to explore the infinity views of the Atlantic Ocean at J&G Grill or savor a nutritional breakfast at Atlantico before beginning your day.

The wellness experience culminates with a visit to the award-winning Remède Spa, where our staff ensures that treatments are customized to complement each guests' workout. Singular treatments, from the Royal Muscle Rejuvenation to the Remède Customized Wrap, are designed to soothe, heal and release tension. Wrap up a day of revitalization by returning to the beach for refreshing ocean breezes, best enjoyed from a luxurious Oceanfront Day Villa—a calming oasis complete with marbled floors, elegantly appointed furniture and full butler service.

After indulging in culinary delights and spa treatments, we encourage you to explore the unique village of Bal Harbour and the surrounding area. With a rich history dating back to the 1920s, our exclusive locale features a premier collection of attractions, including the Bal Harbour Shops, where guests can find the latest designer trends in summer fashion, jewelry and more.

Each St. Regis is a world unlike any other, yet familiar in a captivating way. It is my pleasure to warmly welcome you, valued guest, to our corner of paradise, where an unfolding series of delightful moments awaits you at every turn.

Sincerely,
Marco Selva
General Manager
The St. Regis Bal Harbour
Resort & Residences



Oceanfront Day Villa at the St. Regis



OYSTER PERPETUAL YACHT-MASTER II

TOURNEAU

THE WATCH AUTHORITY

Bal Harbour Shops 305.866.4312


ROLEX

Features Contents

TAILORED FOR THE ST. REGIS BAL HARBOUR RESORT | SUMMER 2013

UNITED ARTISTS/PHOTOFEST



40. Building Bal Harbour

The former military training site has become one of America's most exclusive destinations.

BY MICHELLE FRANZEN MARTIN

44. Artfully Adorned

Celebrate summer in style with the top jewelry and watch trends and expert advice on how to wear them.

BY ANETTA NOWOSIELSKA

50. On the Court and Beyond

Legendary tennis pro Venus Williams looks ahead to a future that is expected to shine as bright as her early career.

BY CHRIS ODDO

54. The Golden Age

The era of classic Hollywood cinema produced some of the industry's most timeless and memorable films.

BY PETER A. BALASKAS

60. Le Grand Boucle

Often referred to as "the big loop" in French, the Tour de France celebrates its 100th anniversary as one of the most celebrated sporting events in history.

BY ROD EVANS

64. Dreams in Steel and Carbon

Every year, top luxury automakers turn out concept cars that point the way toward the future.

BY RICHARD S. JAMES

70. Art Odyssey

Art aficionados can acquire a singular look into the lives of passionate collectors at these spectacular museums.

BY MOJIE CRIGLER

74. Food as Art

As multicourse dining sweeps the nation, chefs showcase their artistic and culinary prowess.

BY DAVID LATT

80. An Icon Reinvented

The new Saint Laurent brings edgy-chic to one of the most distinguished names in fashion.

BY LOIS ELFMAN

84. Haute Wine

From fashion design to winemaking, the family of the late Salvatore Ferragamo brings the patriarch's vision and craftsmanship to Tuscany's Il Borro winery.

BY MONICA PRELLE

88. In the Bag

Clarins CEO Jonathan Zrihen travels in style with these essential items.

BY ALLISON HATA

28.

A CINEMATIC AFFAIR

From the tranquil shores of South Beach to the cultured shops of Bal Harbour, Miami is establishing itself as one of the world's new film capitals.

BY PETER A. BALASKAS



NICK GARCIA

34. THE ART OF WELLNESS

The St. Regis Bal Harbour Resort offers an all-inclusive and innovative program to stay fit and well.

BY VALERIE WESTEN FURR



ROSENBAUM
contemporary

ART GALLERY

RAPHAEL MAZZUCCO

Vietnam, Lady of Lavender
(detail)

2013

Mixed media

91 1/2 x 61 1/2 inches

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Up Front Contents

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MARK EDELSON



PAGE 22



2. Welcome Letter

10. Calendar of Events

Discover some of the city's best events this summer.

12. Savor:

A Taste of the Pacific

Seafood-savvy chefs share the best locales to find the freshest harvest this season.

14. Trend:

Through the Looking Glass

Make a statement this season with designer sunglasses for men and women.

16. Spa and Beauty:

Sweet Sun-Kissed Skin

Special attention to skin care keeps you glowing and hydrated all summer long.

20. View:

Sounds of Summer

The best musical performances this season take place in the great outdoors.

22. Shop:

A Cut Above

Gentlemen will look their best with these high-end razors and shaving accessories.

24. Quench:

Spirits of the Season

Light, refreshing cocktails are on the menu this summer.

26. Concierge:

Local Insights

The St. Regis Bal Harbour Resort concierge Giselle Mueller shares insider knowledge about Miami Beach's exciting summer activities.



PAGE 24



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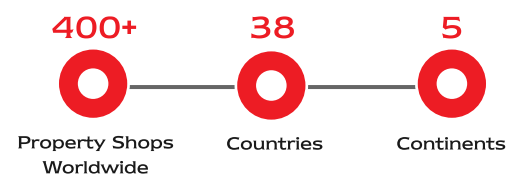
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Contributors



DAVID LATT holds a doctorate in 17th-century English literature from the University of California, Los Angeles. After teaching at the college level, he moved into the television and film industry, where he was a writer and producer working on two Emmy-nominated series, "Hill Street Blues" and "Twin Peaks," among others. Currently, he is pursuing his lifelong passion for food and travel, happily writing for Bespoke Magazine, The New York Times dining section and Peter Greenberg, as well as his blog, "Men Who Like to Cook." In this issue of Bespoke Magazine, he speaks with talented chefs who have mastered the art of multicourse fine dining.



MICHELLE FRANZEN MARTIN began her career writing for a number of automotive publications, a nod to her hometown of Detroit, but soon branched out into other areas. A professional writer and editor, she's served as an adjunct instructor at Michigan-area colleges where she taught approximately 100 different courses in journalism and communications. She has also edited magazines and custom publications for a major research university and a national home retailer, among others. She is a frequent contributor to Bespoke Magazine, and in this issue she explores the history of a picturesque Miami Beach village in "Building Bal Harbour."



PETER A. BALASKAS is the author of the award-winning Holocaust thriller "The Grandmaster" and the Pushcart Prize nominated story collection "In Our House: Tantalizing Tales of Terror." His fiction and poetry have been published internationally; most notably, the Electronic Publishing Industry Coalition named his gothic horror short story, "Chamber Music," the best short story of 2012. In addition to working as a journalist, he is also an editor, web content writer and voice-over artist. For this issue of Bespoke Magazine, Balaskas steps into the world of film with articles on the Miami movie scene and Hollywood's Golden Age.



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INTERMIX

BAL HARBOUR SHOPS

Calendar

UPCOMING EVENTS

DISCOVER SOME
OF THE BEST THINGS
TO DO AND SEE IN
MIAMI THIS SUMMER.

THEATER AND PERFORMANCES

"Il Tabarro" and "Gianni Schicchi"

JULY 13 - 14; COLONY THEATER

Two one-act operas from Giacomo Puccini, one of the greatest composers of Italian operas, delight and entertain audiences this summer. The tragedy of "Il Tabarro" is complemented by the comedy of "Gianni Schicchi," creating a magical evening of music and imagination. (305-674-1040; miamilyricopera.org)

Symphony of the Americas: Summerfest 2013

AUG. 2; BROWARD CENTER

In this annual concert featuring an acclaimed European chamber orchestra, I Musici Estensi Chamber Orchestra, hailing from Milan, comes to Miami to join with select members of the Symphony of the Americas for a cultural exchange of sound. The program includes the music of Dvorak, Telemann, Purcell, Verdi and Piazzolla, as well as the world debut of Italian composer and soloist Lorenzo Turchi-Floris. (954-462-0222; browardcenter.org)

"Celebrate Verdi"

AUG. 31; COLONY THEATER

For one night only, the Miami Lyric Opera will host a tribute to Giuseppe Verdi, the most influential composer of 19th century Italian operas. The audience is encouraged to honor Verdi by singing along with the 200



VERONIQUE VAL

"Slava's Snowshow"

JULY 31 - AUG. 25; ZIFF BALLET OPERA HOUSE

Winner of London's Olivier Award for Best Entertainment, "Slava's Snowshow" comes to Miami with a performance hailed as an enchanting mix of Cirque du Soleil and Blue Man Group. Created by Slava Polun, one of the original Cirque du Soleil clowns, this production combines delightful comedy, fascinating music and performances inspired by world-famous mime artists such as Charlie Chaplin and Marcel Marceau. Attendees are expected to use all of their senses in this interactive, awe-inducing theatrical experience. (305-949-6722; arshcenter.org)

talented artists performing "Va Pensiero" from Nabucco. (305-674-1040; miamilyricopera.org)

EXHIBITS

"Carol Fryd: Fryd on Fire"

THROUGH OCT. 20; JEWISH MUSEUM
OF FLORIDA

Inspired by her hometown of Miami Beach, Carol Fryd's digital art features bright, fiery colors that blend the human figure with abundant floral prints and fruit. Featuring drawings, photography, objects and paint, her work ranges from realism to abstract expressionism to portraiture. (305-672-5044; jmof.fiu.edu)

"Mission Artifacts of Spanish Florida"

THROUGH JAN. 2014; HISTORYMIAMI

This exhibition showcases rare Spanish artifacts from the 16th and 17th centuries, on display for the first time at the museum as a timely tribute to the 500th anniversary of Juan Ponce de Leon's landing on Florida's east coast. (305-375-1492; historymiami.org)

Mat Collishaw

AUG. 10 - OCT. 13; BASS MUSEUM OF ART

The politically charged works of London-based artist Mat Collishaw are presented in a solo exhibition at Bass Museum of Art. On



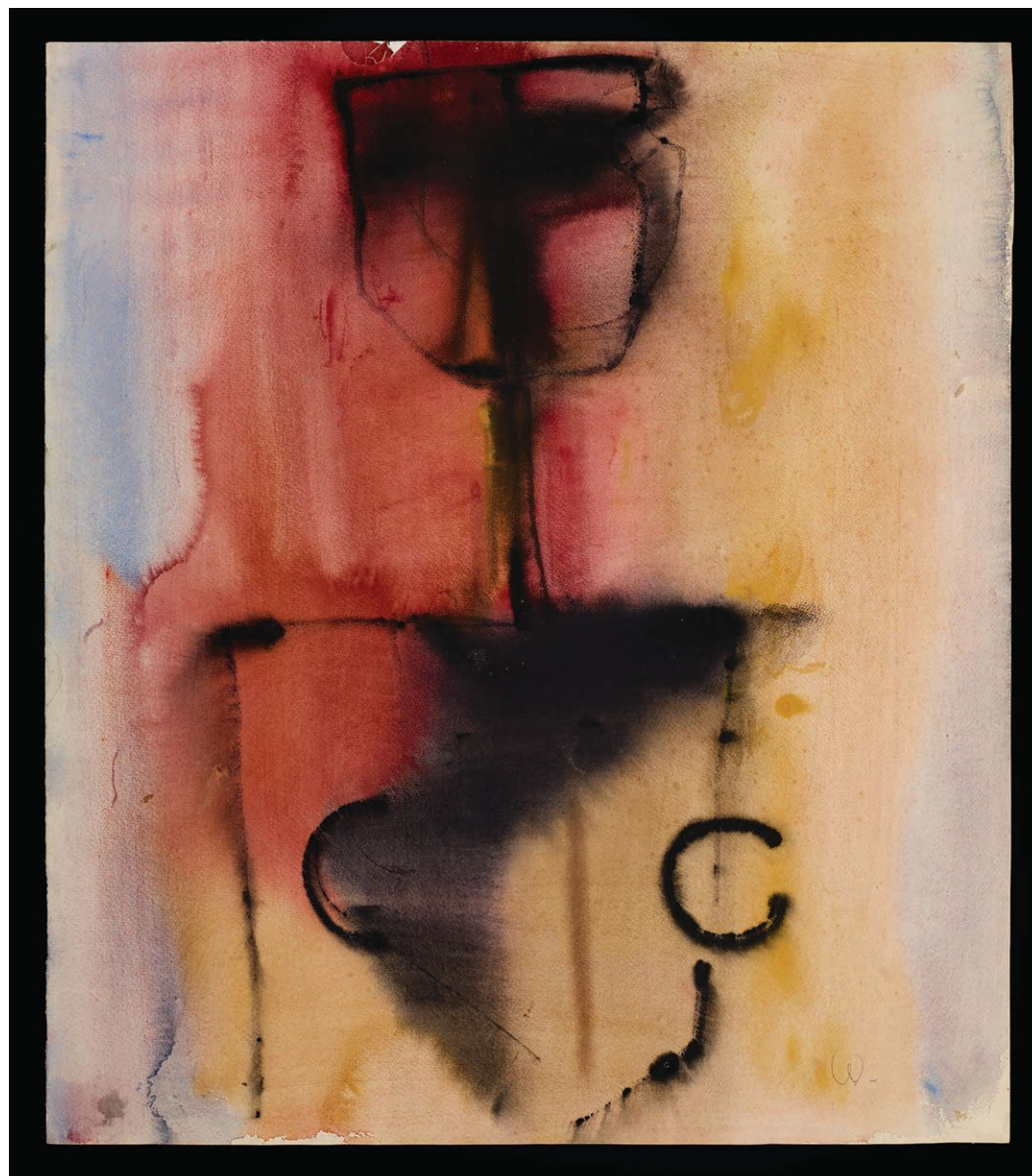
COURTESY OF THE ARTIST AND STEPHEN DAITER GALLERY

"A Couple in Prospect Park" (1990) by Dawoud Bey

"Dawoud Bey: Picturing People"

THROUGH SEPT. 8; MUSEUM OF CONTEMPORARY ART NORTH MIAMI

A range of works from Chicago-based photographer Dawoud Bey showcases the evolution of his portraiture throughout the decades. From street photography to formal studio portraiture, the 50 images in the "Picturing People" exhibit provide a means for understanding contemporary society. (305-893-6211; mocanomi.org)



COLLECTION OF THE LOWE ART MUSEUM, UNIVERSITY OF MIAMI

"Surreal Native Woman" by Guillermo Wiedemann

display is his photographic series, "Last Meal on Death Row, Texas," in addition to two sculptures from his Venal Muse collection. (305-673-7530; bassmuseum.org)

EVENTS AND ACTIVITIES

Mercedes-Benz Fashion Week Swim

JULY 18 - 22; MIAMI BEACH

This annual fashion event highlights the latest swimwear collections from top designers, including Aqua di Lara, L-Space, Vitamin A and more. Though most seats are reserved for industry insiders, countless parties and events take place all week long. (miami.mbfashionweek.com)

Miami Spice

AUG. 1 - SEPT. 30; THROUGHOUT MIAMI

Miami's top restaurants and chefs showcase their signature dishes in this annual event offering three-course lunch and dinner specials featuring a tropical fusion of ingredients to entice the palate. (ilovemiamispice.com)

Optic Nerve XV Film Festival

AUG. 23; MUSEUM OF CONTEMPORARY ART NORTH MIAMI

The annual festival of short films and videos returns to Miami for a 15th year with works from emerging artists around the world. (305-893-6211; mocanomi.org) **B**

"Pan American Modernism"

THROUGH OCT. 13; LOWE ART MUSEUM

Combining mixed media works from North, Central and South America, "Pan American Modernism: Avant-Garde Art in Latin America and the United States" showcases more than 70 pieces by artists from 13 countries. The works construct a fuller understanding of modernism as an international phenomenon, incorporating Cuban avant-garde, Mexican muralism, abstract expressionism, modernist photography, constructivism, minimalism and Colombian modernism. Artists featured in the exhibition include Man Ray, Manuel Alvarez Bravo and Roberto Matta, among others. (305-284-3535; lowemuseum.org)

A Taste of the Sea

Seafood-savvy chefs share the best locales to find the ocean’s freshest harvest this season.
BY ASHLEY SCHAEFER

NOTHING COMPLEMENTS A WARM SUMMER DAY QUITE LIKE A SUCCULENT LEMON-SQUEEZED SCALLOP OR A TART AND tangy ceviche. For those in search of the summer sea’s sweetest bounty, however, it’s important to be aware of what seafood is in season within each region. Sleepy seaside wharf towns and bustling waterfront cities alike rejoice in the offerings from their region’s waters. Whether it’s Alaskan salmon and Chesapeake Bay blue crab or Spanish prawns and Japanese freshwater eel, seafood takes a starring role on plates around the globe during the summer months.



Crab claw platter at Joe's Stone Crab



Three types of caviar are offered at Makoto.

MIAMI'S OCEAN DELIGHTS

JOE'S STONE CRAB

A landmark in Miami Beach for more than 100 years, Joe's Stone Crab serves fresh, local seafood in an upscale setting to visitors from around the world. Start with a grilled octopus and shrimp ceviche appetizer, then move on to most popular entree: namesake platters of crab claws offered steamed, grilled or chilled, a must-try at the iconic South Beach restaurant. For visitors to Miami, summer is the season to experience the traditional seafood and friendly service at Joe's Stone Crab: The restaurant is only open from May through July, with the final date

for 2013 set for July 28. (305-673-0365; joesstonecrab.com)

J&G GRILL

Located in The St. Regis Bal Harbour Resort, J&G Grill is the perfect setting to enjoy fresh seafood. With floor-to-ceiling windows and a breathtaking ocean view, guests can almost feel as if their feet are in the water. Nothing compares to fish cooked on a grill, like the wild salmon, yellowfin tuna or local red snapper accompanied by a choice of succulent glazes and sauces ranging from miso mustard to a savory bearnaise. In addition to the grilled items,

try the black cod with black bean vinaigrette. J&G chefs incorporate locally sourced products whenever possible, and each dish is crafted with the utmost care and attention to detail with the finest ingredients. (305-993-3333; jggrillmiami.com)

MAKOTO

Located in the Bal Harbour Shops, Makoto features a menu with a wide range of raw and cooked seafood delicacies. Dozens of fresh sashimi and maki sushi options are offered, including classic items like hamachi and innovative rolls such as the caterpillar—

freshwater eel, cucumber, avocado and eel sauce. From crabs and clams to scallops and sea urchins, nearly every form of sea creature is represented. The restaurant even serves three types of caviar from the United States, France and Israel. The Makoto menu also offers more traditional Japanese-inspired dishes. For a savory fish course, chef-owner Makoto Okuwa's dishes range from whole roasted branzino with wasabi chimichurri to tempura grouper with moromi chili miso. (305-864-8600; makotorestaurant.me)
—Valerie Westen Furr

During the summer months, the Pacific teems with albacore tuna and halibut, as well as Dungeness crab in the northern regions. San Francisco-based chef Vernon Morales suggests that diners keep an eye on Monterey Bay Aquarium's Seafood Watch to get the most up-to-date information on seasonal catches.

Morales, executive chef at the Bay Area restaurant Anchor & Hope, maintains a daily correspondence with his restaurant's major fish suppliers to be sure that the day's menu reflects only the freshest seafood. The restaurant offers a mecca of maritime flavors sourced both locally and from overseas to ensure the freshest selections. Signature summer seafood dishes feature catches from California waters, including chili pepper rock cod and Half Moon Bay sand dabs, squid and sardines.

"We hold our plates and palates for the king salmon caught under the Golden Gate Bridge," Morales adds.

On the shores of the Atlantic, shellfish shine in the form of mussels, scallops, blue crabs and lobsters. In New York City, stellar seafood holds the spotlight at Italian-inspired Marea, where chef-owner Michael White selects his seafood from both Atlantic and Mediterranean waters.

"I like coasts of Long Island for summer flounder or fluke, [as well as] local bluefish," he says. "Maine lobsters are sweet and succulent during the summer and can't be beat."

White takes advantage of the local seasonal catches with his seared Long Island black bass, a summer specialty at Marea. His Mediterranean seasonal favorites that are featured on the menu include yellowfin tuna, soft-shell crab from Venice and gamberi rossi from the Amalfi Coast. White explains that the variation in salinity in Mediterranean water coupled with the rocky terrain make for an outstanding seafood selection.

Other front-runners on the global seafood scene include Australia, Japan, Thailand, Spain, Italy and Peru.

"There are not many bad areas globally for fresh seafood where there are abundant waters, especially in the summer," says Patrick Evans-Hylton, an award-winning food journalist and author based in Virginia.

The best ways of preparing seafood for summer, whether it's from the California coast or Mediterranean waters, can be as simple as squeezing



Yellowfin tuna at Marea

a lemon or as exacting as poached lobster tail. Evans-Hylton, Morales and White unanimously agree that grilling with minimal seasonings—along with olive oil and lemon juice—is the best way to bring out the natural juices of seafood.

"Another great summertime way of enjoying seafood is in ceviche," Evans-Hylton says. "But the seafood must be impeccably fresh and prepared so

that it cooks properly in the citrus juice bath."

When it comes to ordering the freshest fish on the menu, Evans-Hylton offers discerning diners one final piece of advice: "Find out what the local catch is, and order that," he says. "There may be several delicious finfish and shellfish options in a certain locale, and because they were harvested there, they may be the best option." **B**

Trend



1.



2.



3.



4.



5.



Through the Looking Glass

Make a statement this season with designer sunglasses for men and women.

BY ALLISON HATA | PHOTO BY JODY TIONGCO

WHEN IT COMES TO EYEWEAR, A PAIR OF FRAMES AND DARK LENSES CAN ADD AN ALLURE THAT INSTANTLY ENHANCES ANY STYLE. THIS season, a retro resurgence is taking place with vintage sunglasses abound in runway shows and designers' ready-to-wear portfolios. From bold, oversized circular frames to brow-line glasses, this summer's shades are inspired by styles from decades past. Whether they're meant to protect the eyes or follow the latest trend, sunglasses will always be in fashion.

1. Square frame acetate sunglasses with a hand-applied wood detail insert in translucent olive with scratch-resistant lenses, by **Burberry**, at burberry.com

2. Ultra-feminine Alisha frames with an oversized subtle cat's-eye shape and retro-mod acetate brow bar in soft peach rose and gradient lenses, by **Oliver Peoples**, at oliverpeoples.com

3. Men's Garage Rock 1960s-style frames featuring matte accents and high-definition optics in polished black with gray polarized lenses, by **Oakley**, at oakley.com

4. Seaton unisex runway sunglasses featuring hand-crafted acetate frames and angular cutout brow line in espresso suede with polarized lenses, by **Paul Smith**, at paulsmith.co.uk

5. Circular glasses with brow cutout in silver metal with tortoiseshell arm accents and green lenses, by **Prada**, at prada.com

6. Lightweight Twentysix.2 active frames for women, featuring optical precision and protection with oversized teardrop shape in tortoiseshell with polarized dark brown gradient lenses, by **Oakley**, at oakley.com

7. Brow-line Clubmaster sunglasses in tan featuring subtle metal frame rivets and industrial shape with brown crystal gradient lenses, by **Ray-Ban**, at ray-ban.com

8. Suprema acetate horn-rimmed sunglasses in tortoiseshell, featuring a square shape, flexible arms and signature metal arrow accents with brown polarized lenses, by **Persol**, at persol.com **B**

Sweet Sun-Kissed Skin

Special attention to skin care helps you stay hydrated and glowing all season long.

BY VICKI HOGUE-DAVIES



WARM WEATHER AND HOURS OF SUNSHINE MAKE BEING OUTDOORS ON A SUMMER DAY FEEL LIKE AN INDULGENT TREAT. Bulky sweaters and winter boots are shed for lightweight styles and sandals to show off pretty pedicures. Even hairstyles change to make locks more casual and easier to manage during the laid-back days and warm nights.

With all the change that comes with summer, it makes sense that skin care routines should be seasonal as well. To ensure that skin stays hydrated and glowing in the sunshine all season long, follow these expert skin care tips and carefully consider the products you use and treatments you undergo to ensure they are sun-safe.



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A Daily Regimen

"Skin changes with the seasons and with the years, and skin care should change, too," says Dr. Debra Jaliman, a board-certified dermatologist based in New York City. Jaliman is also author of the book "Skin Rules: Trade Secrets from a Top New York Dermatologist," which includes more than 70 tips about proper skin care.

Switching up skin care routines is rule No. 10 in her book: "In summer, the weather is much warmer and you perspire more so you should change to lighter weight products [to keep skin and pores clear]," she explains. "For example, if you use a facial moisturizer that is in a cream base in the winter, you can change to a lotion or a serum in the summer because a cream is too heavy in the warm weather."

Changing from a mild cleanser to one that exfoliates is also beneficial in summer, helping to remove dead skin cells to keep skin radiant, Jaliman says.

"For glowing skin it's important to exfoliate, and I like the sonic cleansing systems," she continues. "The Clarisonic is my favorite. I like that they have different brush heads for different skin types."

Colleen Sanchez, lead esthetician at The St. Regis Monarch Beach's Spa Gaucin, agrees, adding that it's best to exfoliate twice a week. Both experts concur that the regular use of sunscreen in summer is critical to healthy skin.

"The most important thing to do in summer is to wear a broad-spectrum sunscreen SPF 30 every single day rain or shine," Jaliman says. She adds that lighter weight lotion sunscreens and even sunscreen powders are available. "I prefer a sunscreen that contains zinc oxide or titanium dioxide. You can also wear UV 400 sunglasses to prevent wrinkling around the eyes. A hat with a two-inch brim will help protect the face as well."

"It is important to always reapply sunscreen after four hours if you are in direct sunlight," Sanchez adds. She recommends a daily summer skin care regimen that includes applying an antioxidant serum, followed by a moisturizer and sunscreen with adequate SPF coverage during the day. "[Before bed] apply an appropriate serum, such as a firming collagen booster serum followed by eye and night creams."

Specialty Summer Treatments

Some spa and dermatological treatments are beneficial to skin during the hot summer months, while

others can cause irritation or sensitivity.

"Hydrating oxygen facials are good to get because they replenish moisture," Sanchez says. "And for the entire body, try a hydrating wrap to lock in and replenish moisture ... after a day in the sun." The hair shouldn't be overlooked either—a spa conditioning hair treatment will help keep it from becoming dry.

"I'm a big fan of hyaluronic acid in skin products; it helps the skin stay hydrated," Jaliman says. "I also like green tea and resveratrol. I think they're great antioxidants that help guard against free radical damage."

Some products and treatments can increase sun sensitivity, and should be avoided in summer when the sun is at its strongest. "Strong glycolic or lactic chemical peels, and aggressive microdermabrasion treatments, should be avoided," Sanchez says.

"You have to be careful with retinol in the summer," Jaliman advises. "It makes the skin more sun sensitive. It decreases the cohesiveness of epidermal cells, thins the skin and sun penetrates more. If you use retinol or retinoid products, make certain to use sunscreen every day.

"You should also avoid Fraxel and most laser treatments like IPLs in the summer because they

interact with sunlight," she continues. IPL treatments use intense pulsed light to remove wrinkles, spots, redness and other skin imperfections.

"The problem with most lasers is you don't want sun exposure after using them and that is harder to avoid in summer," Jaliman adds. "If you do these treatments in summer and don't stay out of the sun, you can affect your own natural pigment ... so the only person who should have laser treatment in summer is someone who does everything to avoid the sun, like staying indoors, wearing a big hat and sunglasses and always using sunscreen."

Jaliman notes that she is a big fan of treatments like Thermage CPT, which uses noninvasive lasers to tighten skin, and Exilis, which tightens skin and reduces fat. "They are both radiofrequency [treatments] and don't interact with sunlight," she says. "I also like Botox and fillers in summer because they are under the skin."

Whether your outdoor activities include relaxing on the beach or being pampered at the spa, keeping your skin safe enjoying the warm sunshine is easy as long as you have a bottle of SPF 30 sunscreen and knowledge of how to protect yourself from the summer heat. **B**



A hydrating oxygen facial, performed here by Spa Gaucin esthetician Colleen Sanchez, replenishes moisture in skin during the summer months.

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Sounds of Summer

The best musical performances this season take place in the great outdoors.

BY ALLISON HATA

WHETHER UNDER A BLANKET OF STARS OR A SUNNY CLOUDLESS SKY, AUDIENCES ARE captivated as resounding melodies and harmonies sweep them away to a world of music. This summer, jazz festivals, operas and classical orchestra performances are taking place on open-air stages across the country. From New York to California, there's no better way to experience the sounds of violins, saxophones and lilting voices than in a wide-open space. As warm summer breezes carry the opening notes up and away, sit back, relax and enjoy the show.



COURTESY OF CORY WEAVER/METROPOLITAN OPERA, 2010

The Metropolitan Opera Summer Recital Series

Music is a universal language, and in New York, the Metropolitan Opera speaks to people across the city's five boroughs with its annual summer recital series. From July 16 to Aug. 1, the Metropolitan Opera hosts six summer performances featuring some of the genre's most critically acclaimed stars. On July 16, the Central Park SummerStage is the venue for the powerhouse voices of soprano Erin Morley, mezzo-soprano Isabel Leonard and tenor Stephen Costello as they perform accompanied by pianist Bradley Moore. For those who miss the first show, a second Manhattan recital takes place on July 30 featuring soprano Ying Fang, tenor Mario Chang and bass-baritone Brandon Cedel. One of New York's most beloved summer traditions, these evening shows offer a glimpse into the majesty and talent of the Metropolitan Opera. (212-362-6000; metoperafamily.org)

COURTESY OF THE LOS ANGELES PHILHARMONIC



Hollywood Bowl Summer Series

One of the country's best outdoor concert venues, the Hollywood Bowl, is home to the celebrated Los Angeles Philharmonic annual summer concert series. For 14 weeks, from June through September, the Los Angeles Philharmonic Association brings a diverse selection of musical talent to the famed stage. This year, some of the world's greatest artists help celebrate the Los Angeles Philharmonic's 92nd season, including Willie Nelson, Tony Bennett, Kristin Chenoweth, Earth, Wind & Fire, and Josh Groban. A season highlight, the cast of "Chicago: The Musical" puts on a fully staged production on July 28. With jazz and classical nights, as well as Sunday Sunset concerts featuring everything from opera to Broadway, the Hollywood Bowl summer season offers a series of spectacular performances across the musical spectrum. (323-850-2000; hollywoodbowl.com)



COURTESY OF ATLANTIC SYMPHONY ORCHESTRA



Delta Classic Chastain Concerts

An Atlanta tradition, Delta Classic Chastain at Chastain Park Amphitheater has entertained locals and visitors alike since 1973. Presented by the Atlanta Symphony Orchestra, this 40th annual summer concert series begins in early June with musical performances spanning multiple genres, including adult contemporary, folk, soul, jazz and more. The Atlanta Symphony Orchestra takes the stage twice, providing musical accompaniment to performances in tribute of Simon & Garfunkel and The Beatles' John Lennon. Throughout the summer, enjoy a range of music from greats such as the Grammy Award-winning Anita Baker on July 19 and Eric Benet in the Sunset Jazz night on Aug. 17. The series concludes on Sept. 28 with a special performance by the award-winning country singer Martina McBride. (404-733-5012; deltaclassicchastain.com)

Opera in the Park

Following the opening gala and performance to begin its 91st season, San Francisco Opera hosts an outdoor daylight performance to showcase highlights from the upcoming year. The performance features artists from the company's fall 2013 season, with accompaniment by the San Francisco Opera Orchestra. Master conductor Nicola Luisotti, music director for the San Francisco Opera, expertly guides the orchestra's four instrumental families—strings, woodwinds, brass and percussion—as the music rises and swells to complement the piercing notes of a singer's aria. Held on Sept. 8 at Sharon Meadow in Golden Gate Park, the 40th installment of this annual event welcomes thousands of opera enthusiasts as the company performs old favorites and debuts exciting new presentations. (415-864-3330; sfopera.com)



Chicago Jazz Festival

A Labor Day weekend tradition in the Windy City, the Chicago Jazz Festival opens on Aug. 29 with four days of exciting performances at venues throughout the downtown area. On opening night, Jack DeJohnette leads a band in celebration of his 70th birthday, joining jazz legends Muhal Richard Abrams, Larry Gray, Roscoe Mitchell and Henry Threadgill for a special performance. The following day, three stages in Millennium Park offer music from 2 to 10 p.m., with headliner Charles Lloyd Quartet. Finishing out the weekend are shows from college and high school bands, artist-in-residence Hamid Drake and other special guest appearances. Packed full of performances from some of the most prominent names in jazz, as well as from locally known talent, the Chicago Jazz Festival promises to delight and surprise this summer. (312-427-1676; chicagojazzfestival.us) **B**

A Cut Above

Whether they're smooth shaven or sporting well-shorn whiskers, gentlemen—and their facial hair—will look their best with these high-end razors and shaving accessories.

BY EMILY L. FOLEY

THERE'S NEVER BEEN A TIME IN HISTORY WHEN THE BREADTH OF MEN'S FACIAL HAIRSTYLES HAS BEEN SO BROAD. WHILE some men may keep their faces clean-shaven, others use their faces as a canvas to express their true personalities. Whether he's creating a carefully sculpted goatee or a sophisticated soul patch, every man needs tools and products he can rely on to provide him with precision, ease and perfectly primed skin. Here, find a selection of some of the best products available for creating the perfect shave. **B**



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Razor Burn Relief Ultra post-shave lotion by LAB Series, at Bloomingdale's (800-777-0000; bloomingdales.com)



Spirits of the Season

Light, refreshing cocktails are on the menu this summer.

BY MICHELLE FRANZEN MARTIN

SPEAKEASY-INSPIRED SPIRITS THAT DOMINATED last year's cocktail lists are stepping aside for lighter, simpler summertime libations.

"We are welcoming umbrella-garnished sips that have evolved," says Chelsey Dunkel, head mixologist for Bounce Sporting Club, an upscale bar in New York City's Flatiron District.

Cocktails made with farm-fresh seasonal ingredients, such as fresh fruit and aromatic herbs, are among the trends this summer.

"Flavored liqueurs are being replaced by natural flavors, and straight-up shots take a break for super-chilled, freshly squeezed juice concoctions," Dunkel explains. "A classic whiskey cocktail served on crushed ice with a massive mint sprig garnish is just one way mixologists are seamlessly transitioning our taste buds from winter/spring to summer."

Dunkel expects to serve many carrot coladas, made with light coconut milk, as well as spicy passion fruit margaritas. Along with bartenders and mixologists across the country, she will be focused on serving fresh ingredients and homemade syrups and bitters.

"It's not a coincidence that you can find some of the same ingredients behind the bar that our chef uses in the kitchen," says Delia Ibrahimova, mixologist at Villa Azur in Miami. "If it's not 100 percent flavorful, we won't use it in a cocktail as that will compromise it."

Ibrahimova uses elements of vanilla and ginger, among other flavors, to make her cocktails stand out. When she's behind the bar at Villa Azur, it's all about flavor—especially in the summer.

At Holeman & Finch Public House in Atlanta, simple three- and four-ingredient drinks are on the menu.

"With mixologists getting laughs on 'Saturday Night Live' and 'Portlandia,' it's obvious that the ultra-esoteric and obscure cocktail trend is dying

out," says Jason Rager, head bartender at Holeman & Finch. "House-made sodas for innovative highballs will be popular as well as well-stirred and boozy drinks that remain light on the palate."

Amid warming temperatures, people want to stay outside all day while enjoying cocktails that don't lead to overindulging. Rager notes that people are beginning to care more about flavor than alcohol content, a trend he doesn't see reversing anytime soon. Among the flavorful beverages he expects to be in full swing this summer are Champagne cocktails, fortified wines and amari (an Italian herbal liqueur).

One of Rager's top picks is a twist on a simple classic: gin and tonic with a few drops of grapefruit bitters and a bit of fortified wine. Such simple,

seasonal flavors are helping to make everything old become new again.

"With cocktails moving toward a neoclassic style, professional bartenders are becoming more passionate and challenged to rediscover old classics using a contemporary approach," says Gian Carlo D'Urso, beverage director at Hakkasan.

D'Urso recommends Hakkasan San Francisco's plum sour, a combination of scotch, Japanese plum sake, egg white, angostura bitters and fresh lemon juice.

"We look at what the seasons bring us and attempt to associate our cocktails with our cuisine," Ibrahimova says. "A skilled bartender with amazing senses will make the perfect cocktail that your palate has been asking for all afternoon." **B**





Makoto



Cucumber gin
julep at Makoto



Tangerine Dream
at Meat Market

Cocktail Culture

Enjoy the season's best sips at bars and lounges throughout Miami.

BY JACKIE ADAMS

MAKOTO

Legendary for serving traditional Japanese cuisine in a seductive, earth-toned setting, Makoto is also renowned for its libations from behind the bar. Cool off from a long day in the sun with one of Makoto's carefully crafted cocktails, such as the cucumber gin julep. This refreshing take on a Southern classic combines Hendrick's Gin with St-Germain elderflower, a fruity French liqueur made from elderflower blossoms hand-picked in the Alps. Makoto adds a touch of mint and lime, as well as a kick of cucumber before

shaking and serving over ice. (305-864-8600; makoto-restaurant.com)

ROUGE WATERFRONT

At Rouge, the walls are alight with ruby red curtains—but this hot Miami restaurant knows how to keep it cool with a waterfront deck complemented by an uncompromising cocktail selection. This summer, the drink menu is full of inviting elixirs like the watermelon martini, which is sure to quench the thirst of anyone who takes a seat at the bar. A compelling twist on the traditional martini, this timeless

summer treat is made using fresh, expertly muddled watermelon and pure lychee juices and a healthy splash of ultra-smooth Russian Standard Platinum vodka. Finally, the intricate yet simple beverage is topped off with a touch of cranberry juice before being strained into a frosted martini glass. (305-944-9997; rougewaterfront.com)

MEAT MARKET

A more seductive version of a traditional steak house, Meat Market offers the usual prime meats and seafood, but combines

it with a lounge-like vibe for an exclusive experience. This contemporary restaurant's culinary works of art are served alongside the equally artistic drinks. Head mixologist Gloria Pope created the ultimate summer drink for Meat Market: The Tangerine Dream, a bubbly refresher that is bursting with fruity flavor, is just one of many offerings on the menu. Made with a generous dose of Bombay Sapphire gin, the cocktail is topped with Champagne and garnished with a fresh kiwi and tangerine. (305-532-0088; meatmarketmiami.com) **B**

Concierge



The St. Regis Bal Harbour Resort concierge team: (L to R) Bali Sidhu, Brian Bean, Giselle Mueller, Frank Cuenca; not pictured: Tomas Valdes, Robbin Quevedo

Local Insights

The St. Regis Bal Harbour Resort concierge Giselle Mueller shares insider knowledge about the best summer activities awaiting Miami Beach travelers.
BY VALERIE WESTEN FURR

A SEASON TO RELAX, UNWIND AND INDULGE, SUMMER IS BEST ENJOYED ON THE WARM, TRANQUIL BEACHES OF BAL HARBOUR. CONCIERGE GISELLE MUELLER OFFERS HER TOP RECOMMENDATIONS ON WHERE TO SIP, SHOP AND SOAK IN THE BEST OF MIAMI BEACH CULTURE.



Marlins Park

Outdoor Enthusiasts

The Miami area is known for its gorgeous weather and sandy beaches, as well as a thriving athletic scene. For those yearning for fresh air and team camaraderie to complement their own fitness regimes, the city offers exciting sporting events for participants and spectators alike.

Mueller recommends spending a unique Friday night at **MARLINS PARK**, a state-of-the-art facility that's home to Miami's Major League Baseball team. Climate-controlled with a retractable roof, visitors can avoid the hot bleachers and unexpected rain for a true luxury ballpark experience. Patrons can stop at the countless bars for a refreshing cocktail while taking a stroll to admire art reproductions throughout the ballpark from renowned artists such as Miro and Lichtenstein. (305-480-1300; miami.marlins.mlb.com)

Mueller also advises visitors to take advantage of the summer weather by staying active around the resort. "Guests can enjoy some exciting water sports while staying with us [at the St. Regis]," she says. Stand-up paddleboarding on the calm turquoise water allows guests to enjoy the views of the beach from a different perspective while benefiting from a full body workout. These activities, and more, can be scheduled by Mueller and her team at the concierge desk in The St. Regis Bal Harbour Resort.



MICHAEL STAVARIDIS

Juvia



STEPHEN WOLTER

Downtown Cipiani

Cocktails With a View

South Florida offers magnificent views, and there is nothing more delightful than enjoying a colorful and skillfully made cocktail while overlooking breathtaking scenery.

Mueller recommends **DOWNTOWN CIPRIANI**, the newest location from the renowned Cipriani restaurant group. Featuring chic blue and white nautical decor inspired by its waterfront location, the restaurant brings classic fine dining to the beach. "It is located at the entrance of the Miami River overlooking the famous Miami Circle, and it serves the best Bellini," Mueller says. And for a good reason: The Bellini is the restaurant's original recipe, created in 1948 by the owners' great-grandfather, Giuseppe Cipriani Sr. (786-329-4090; cipriani.com)

Another restaurant with gorgeous panoramas is **JUVIA**, located at a penthouse level on Lincoln Road in South Beach. It offers unobstructed views of the Atlantic Ocean and the famed Art Deco District, making for a one-of-a-kind ambience. "Juvia has a beautiful terrace overlooking the east, a perfect spot to watch the opposing views of the sunset and the color changes, from light blues and pinks to deep purples and oranges," Mueller says. She recommends a crisp glass of wine or Dom Pérignon while enjoying the views, but you can also sip refreshing cocktail options such as the Kappa Sour, the Ginger Julep or the Purple Rain. (305-763-8272; juviamiami.com)

The coming and going of the cruise ships and other boats through Government Cut—a shipping channel between Miami Beach and Fisher Island—is a relaxing sight to be seen at **SMITH & WOLLENSKY**. Mueller says this classic Miami summer respite serves an amazing mojito, but the restaurant's "liquid assets" menu offers countless premium options for any palate. Some inspired concoctions include the South Beach mojito, the River View cosmopolitan, the Wollensky martini and the frozen blueberry coconut mojito. (305-673-2800; smithandwollensky.com)

Fierce Fashions

Mueller encourages guests to visit Miami's growing creative neighborhood called the **DESIGN DISTRICT**. "There are new high-end retail shops that have opened [within the last few months], including some wonderful boutiques that are under the radar," she says. This once-overlooked area is becoming the top place to go for shopping, culture and culinary experiences.

Over the past few months, global names such as Hermès, Prada, Dior Homme, Cartier, Céline, Agnona and Louis Vuitton have moved into this eclectic neighborhood where art, design and fashion meet.

Mueller also encourages guests to visit boutiques that offer distinct charm and refinement, such as En Avance and Babycottons. En Avance is the retail venture of local designer Karen Quinones, providing a global showcase of products for women and men including clothes, accessories, jewelry and home items. Babycottons designs quality apparel and accessories, working with the best cotton products in the world such as pima cotton imported from northern Peru.

Whether shopping for a little one or updating a summer wardrobe this season, the Miami Design District is a unique destination where high-end shops and culture offer the best to its visitors. **B**



ROBIN HILL

Louis Vuitton in Miami's Design District

"Miami Vice" (2006)



A CINEMATIC AFFAIR

*From the tranquil shores of South Beach
to the cultured shops of Bal Harbour,
Miami is establishing itself as one of the
world's new film capitals.*

BY PETER A. BALASKAS



VISITORS TO MIAMI ARE EXPOSED TO A MULTICULTURAL AND ARCHITECTURAL TAPESTRY. FROM the treasured art and downtown historic districts, grand shopping plaza in Bal Harbour and the immense Adrienne Arsht Center for the Performing Arts to the sandy beaches and iconic skyline, there's much to see and do in this coastal locale.

For all these reasons—and more—Miami has attracted much attention from the film industry over the years. Movies and television programs that are filmed in Miami are bringing a new kind of vitality that is showing no signs of slowing down.

“We have some of the most up-to-date sophisticated infrastructure in terms of camera, lighting, grip equipment and post-production utilization,” says Graham Winick, the film and event production manager of tourism and cultural development for Miami Beach. “I would put our crews against some of the best in the world, including inside Los Angeles.”

The singular identity of Miami is one of the biggest draws for the film industry's elite. More than 121 countries are represented in the city's population, and that strong cultural diversity along with a picturesque location add to Miami's allure, making it a premier destination for motion picture production.



Sean Connery as James Bond in “Thunderball” (1965), with Claudine Auger as Bond girl Dominique Derval

“We truly appreciate our architecture, our art, our culture and our landscapes,” Winick adds. “So the fact is when you have this urban oasis that respects its identity ... history and ... culture, all on the beach, it’s kind of a unique setting. You don’t really see that too much around the world.”

Bright Beginnings

One of the first major catalysts responsible for launching Miami on the entertainment industry map, leading to its ever-evolving presence on the big and small screens, was the hit 1960s variety television series, “The Jackie Gleason Show,” Winick says. The network show was taped at the Miami Beach Auditorium on Washington Avenue, a venue later renamed and now known as the Fillmore Miami Beach at Jackie Gleason Theater.

“Every week, the live television shows produced here on CBS would say, ‘Live from beautiful Miami Beach, the sun and fun capital of the world,’ and that certainly put the area on the map,” Winick explains. “So our community leaders from early on recognized the value of this industry.”

Miami also served as a cinematic home to the legendary Frank Sinatra when he filmed the Tony Rome detective movies, “Tony Rome” (1967) and “The Lady in Cement” (1968). It later became an important setting in “The Godfather Part II” (1974) when movie audiences enter the residence of the aging gangster Hyman Roth, played by Lee Strasberg. In 1977, The Orange Bowl

stadium became a target of terrorism in John Frankenheimer’s “Black Sunday,” based on the first novel by “The Silence of the Lambs” author Thomas Harris.

Another iconic Al Pacino film that brought Miami into the cinematic limelight was Brian De Palma’s “Scarface” (1983). In order to capture the city’s passionate, dynamic flavor, this gangster epic was filmed on the historic Collins Avenue as well as various residential neighborhoods in South Beach. A film consultant—Manuel Diaz, who became the mayor of Miami in 2001—was

LANDMARKS ON LOCATION

EXPLORE A FEW ICONIC LANDMARKS THAT HELPED PUT MIAMI ON THE CINEMATIC MAP.

OCEAN DRIVE: On this signature road lined with gigantic palm trees, films and scenes shot here include: “Random Hearts” (1999), “The Birdcage” (1996), the exterior gunshot attack after the infamous chainsaw scene in “Scarface” (1983) and “Miami Rhapsody” (1995).

COLLINS AVENUE: Filmed in this historic neighborhood were “Goldfinger” (1964), “Out of Sight” (1997; Collins Park), the pool scenes with Al Pacino and Steven Bauer in “Scarface” and the AIDS charity benefit in “The Bodyguard” (1992).

MACARTHUR CAUSEWAY: This monumental stretch of highway was used for dynamic chase scenes in “Bad Boys II” (2003) as well as the famous bench scene in “The Birdcage,” where part of the road was converted into a bus stop in order to obtain a more majestic view of the Port of Miami.

VILLA VIZCAYA IN COCONUT GROVE: This Mediterranean mansion—now known as the Vizcaya Museum and Gardens, once owned by industrialist James Deering—has been used as James Stewart’s mansion in “Airport ’77” (1977), the Mandarin’s lair in “Iron Man 3” (2013), a party venue in “Any Given Sunday” (1999) and a drug lord’s home in “Bad Boys II.”

even brought in to help the filmmakers understand the specific subtleties of Miami Beach’s cultural diversity.

But as Winick explains, there were two key events in the 1980s that ultimately triggered big changes in the Miami film industry. “... There was a big movement in fashion photography—to recognize the value of Art Deco and the beauty of Art Deco as a backdrop, with gorgeous modern models—which was propagated by Andy Warhol and Bruce Weber, in particular,” he says. “And then, of course [director/producer] Michael Mann coming down and producing ‘Miami Vice,’ the television series—that really kind of gave a color palette, an identity to who this area was. And that really started a revolution that has continued to this day.”

All-Around Entertainment

Miami and all of its accompanying neighborhoods serve as a cinematic magnet for the action film genre. Notable pictures filmed locally include box office blockbusters “The Specialist” (1994) starring Sylvester Stallone, “Bad Boys” (1995) and its 2002 sequel starring Will Smith and the big screen version of “Miami Vice” (2006) with Jamie Foxx and Colin Farrell.

This year, two new films were added to the growing list of action movies filmed in Miami: superhero hit “Iron Man 3,” starring Robert Downey Jr., and the Michael Bay crime drama “Pain & Gain.”

The James Bond franchise has also played a starring role in the local film scene. The famous swimming pool scenes in “Goldfinger” (1964) in which the villain cheats at were filmed at a local hotel; meanwhile, Miami was saved by Sean Connery’s Bond in “Thunderball” (1965) when he joined the U.S. Coast Guard and CIA after they parachuted off the Miami Coast and into an underwater battle. Most recently, a stretch of the



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An episode from season four of “Burn Notice” was filmed behind Zoo Miami.

PHOTOFEST



“The Birdcage” (1996), starring Nathan Lane and Robin Williams, features scenes shot at MacArthur Causeway and Ocean Drive in Miami.

Interstate 395 between the MacArthur Causeway and Interstate 95 in Miami can be seen in 2006’s “Casino Royale”—proving that the city has a profitable, long-term relationship with this legendary film series.

Miami has also shown its humorous side with a handful of memorable comedies. The elegant, picturesque village of Bal Harbour was home to “Miami Rhapsody” (1995) as well as the gangster comedy starring Robert De Niro and Billy Crystal, “Analyze This” (1999). The St. Regis Bal Harbour Resort stands on the site where the memorable

first wedding scene took place—the former hotel has since closed.

Visitors in Bal Harbour will recognize the famous Bal Harbour Shops in “Miami Rhapsody,” an addition brought about by director/screenwriter David Frankel. “[Frankel] really infused it with a sense of local pride in some ways,” Winick says of the film.

Words Brought to Life

Although movies taking place in Miami have increased the city’s popularity worldwide, there

are very few films that somehow capture its overall character, the multicultural flavor and its extravagant charm. The two films that Winick believes best harness the city’s true spirit are derived from novels written by authors whose detailed descriptions paint a vivid, colorful picture of Miami for readers.

Written by Charles Willeford in 1984, “Miami Blues” was brought to the big screen by director George Armitage in 1990. The movie used locations across Florida, including the old Parrot Jungle theme park at Pinecrest Gardens, the Venetian Pool in Coral Gables and the Omni District in downtown Miami.

“It’s very hard to find something that so perfectly captures south Florida,” Winick says of Willeford’s novel and the film. “You feel like a local when you read those books. ... There’s so much charm to that movie and I think [it] still holds up.”

It was Steven Soderbergh’s crime caper “Out of Sight” (1997), however, that reveals all of the cultural layers of urban Miami. The movie is also considered one of the best film adaptations of an Elmore Leonard novel.

“Elmore Leonard as a crime novelist has such a unique voice that I think it’s hard for any filmmaker to capture him regardless of the setting,” Winick says. “It certainly is, in some ways, a love letter to South Florida.”

In Miami Beach, “Out of Sight” was filmed in the Collins Park historical neighborhood; some of the historic buildings in that area that would be familiar to film aficionados, including the Collins Park Hotel, have since fallen victim to arson and are no longer there.

“Soderbergh has developed a love affair with this area overall,” Winick says. “Those warm inviting scenes where [George] Clooney and [Jennifer] Lopez meet and fall in love together are so great, especially in contrast to how freezing cold and miserable Detroit looks.”

Winick says that 2013 is a promising year for Florida overall, especially with numerous television shows being shot in Miami. The USA Network hit series “Burn Notice” is finishing its seventh and final season while other shows continue to flourish. “The Glades,” which is set in Broward County but is moving down to Miami Beach soon, is wrapping its fourth season, and “Magic City,” a Starz dramatic series that focuses on local mobsters during the 1950s, will air its second season in June. Two new series are now scheduled to film in Miami Beach: an untitled NBC series based on an Elmore Leonard story and a sports-themed HBO show starring Dwayne Johnson.

With these promising projects, as well as many others, there is no doubt that Miami continues to solidify its place as one of the glamorous film capitals of the world. **B**



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Tracie Vlaun was an international model and actress before immersing herself in the world of fitness.

THE ART *of* WELLNESS

The St. Regis Bal Harbour Resort offers an all-inclusive and innovative program to stay fit and well.

BY VALERIE WESTEN FURR | PHOTOS BY NICK GARCIA

WELLNESS HOLDS A DIFFERENT MEANING FOR EACH INDIVIDUAL. BUT although each journey to well being is unique, the ultimate goal is the same: to reach the pinnacle of physical and mental states. This summer, The St. Regis Bal Harbour Resort helps guests achieve their fitness, nutrition and relaxation goals with its tailored Wellness Program. The new program takes an innovative approach by matching each person with a customized multi-faceted plan.

“We wanted to create a program that addressed our guests’ needs and wouldn’t let travel derail their diet and exercise routine,” says Marco Selva, the resort’s general manager. “Wellness is not about limiting life but enhancing it. We understand that wellness and health are a priority for our guests, and wanted to offer a program where anyone could take a vacation and not worry about putting on the extra pounds or [losing] their motivation to maintain a healthy lifestyle.”

Husband and wife team Christopher and Tracie Vlaun, the founders of V Art of Wellness (V stands for vibrations) who helped create the Wellness Program, came from two very different backgrounds. Tracie Vlaun, an international model and actress for 15 years, began training in various forms of yoga while traveling around globe, from South Africa to Germany, where she developed new ideas incorporating her knowledge of music and spirituality.

Christopher Vlaun’s passion for fitness started in college. His interest in core training, boxing and strength conditioning led him to train collegiate and professional athletes while developing an interest in outdoor fitness. Together, the pair created routines that soon attracted an elite international clientele.

The Vlauns and St. Regis designed the resort’s first full comprehensive holistic program, which not only provides guests with an elaborated fitness program but also other key elements such as nutrition and relaxation. These three components of wellness guarantee complete rejuvenation.



Quinoa salad from Fresco Beach Bar & Grill



Complement a day of fitness with a relaxing afternoon in one of The St. Regis Bal Harbour Resort's Oceanfront Day Villas.



A Breath of Fresh Air

The Vlauns offer custom training that is built upon a client's fitness level and interests. Routines include yoga sessions such as Aeroga—a blend of aerobics and yoga developed by Tracie Vlaun, beach boot camps, and stretch and sculpt. The intimate sessions change seasonally, providing variety for guests who wish to return more than once. In addition, the team offers meditation, pre- and post-natal fitness, aquatics and stand-up paddleboarding lessons, in either private groups or one-on-one sessions. Guests in town for business can also sign up for a corporate team-building class.

"Guests enjoy the personalized attention of a small group setting," Tracie Vlaun says.

But what makes this program truly spectacular is the idyllic setting where it takes place, from the warm sands that overlook the Atlantic Ocean to the sound of relaxing waves. "One of our goals is to open our clients to natural workout experiences," Christopher Vlaun says. "There are strong benefits to being outdoors [and] barefoot on the beach, rather than in a studio." He adds that participants feel as if they are just playing on the beach, while their bodies are really being challenged by the uneven surface of the sand.

Private consultations for personalized nutritional and fitness advice are part of the Vlauns' package, as are inspiring and motivational lectures about wellness and traditional and natural foods. For dedicated guests who wish to continue their



Clients benefit from the outdoor-focused workouts.

journey beyond the program, The St. Regis Bal Harbour Resort's state-of-the-art fitness center featuring cardio and weight-training equipment by Italian fitness expert, Technogym, is open around the clock, allowing clients to work out on their own schedules.

Fuel for the Body and Mind

The St. Regis Bal Harbour Resort's restaurants boast seasonal, local and organic ingredients in their gourmet fare, and as part of the Wellness Program, guests are directed to healthy options on the menu that will help them achieve their goals. Whether enjoying a nutritional breakfast at the Atlantico, a light and fresh lunch at Fresco Beach Bar & Grill, savory supper at the J&G Grill or even ordering from room service menu, guests have several healthy options to accommodate their tastes and dietary needs.

"Healthy options on the menus are key," Christopher Vlaun says. "Eating natural, unprocessed and more traditional food with more nutrients is important."

The Vlauns believe that although people in general overeat, they remain malnourished, and therefore the culinary component of the Wellness Program makes a conscious effort to provide dishes that are designed with health in mind. Delicious and healthy options at St. Regis include warm asparagus with morels, orange-dusted sea scallops and black cod with bok choy and black bean vinaigrette, as well as quinoa salad



Grilled mahi mahi fish tacos from Fresco Beach Bar & Grill

with roasted vegetables, grilled mahi mahi fish tacos or shrimp salad featuring Florida shrimp, seasonal greens avocado and citrus dressing.

Additionally, the resort goes the extra mile to ensure that guests will not be tempted: Patrons can request that their in-room mini-bars be stocked with healthy foods that are low in sodium and fat, and high in protein—coconut water, flax bars and kale chips, for example.

“The mini-bar [can be] transformed into a wellness mini-fridge,” Selva says. “It can be personalized to suit each guest’s dietary needs and arm them with heart-healthy selections so they can avoid the temptation of cookies and potato chips.”

The Wellness Program also features a specialty fresh juice plan, and for those who still want to enjoy a glass of wine or a cocktail, a menu of organic wines and healthy concoctions (such as the organic Thyme Square and Farmers’ Gin and Juice) is available.

Relaxation and Rejuvenation

The program would not be complete without some time spent at the spa, which wraps up the experience with services designed to complement the fitness element. Tracie Vlaun says the staff



The timing and order of treatments at Remède Spa is important in creating a wellness experience.



Customized mini-bars provide guests with heart-healthy snack options.

WELLNESS VILLAS

The St. Regis Bal Harbour Resort offers the perfect place to rest and rejuvenate after a rigorous fitness routine offered through the resort’s new Wellness Program. The Ocean-front Day Villas, nine 600-square-foot cabanas that lay just beneath the tranquility pool, boast sweeping ocean views, an elegant ambience and array of top-notch amenities. Fully air conditioned, the spaces feature marble floors and walls with antique mirrors, a plush lounging area, wet bar, shower, flat-screen television with movies on-demand, an iPod docking station to tune into your favorite music and mini-fridge stocked with sweet treats such as fresh fruit, Champagne and bottled water. A sprawling outdoor patio features a daybed, umbrellas to shield the sun, dining table and hedges for privacy. It’s the ideal setting to sit back in a cozy terry cloth robe and slippers (also provided) and drink in the view and fresh Florida air. With uncompromising butler service, wellness clients can order any of the resort’s healthy dining menu options for in-cabana delivery.

at Remède Spa is aware of the various workouts offered to clients.

“We work together,” she explains. “Every guest is unique, and they customize the treatments.”

She adds that the timing and order of each of these treatments is important, as well as pairing them correctly to create a whole experience. The spa’s extensive menu allows guests to enjoy several indulgent services, such as the Royal Muscle Rejuvenation (assists in healing bruises, joint pain, sprains and muscle pain) and Remède Customized Wrap (combats cellulite, releases muscle tension and improves skin condition). Treatments may be recommended by the Vlauns or spa staff based on the guest’s needs, or chosen directly from the menu.

Customized Experiences

For those interested in an all-inclusive package, two stays have been designed thus far to provide guests with a well-rounded holistic experience while meeting individual needs.

The Recharge package, tailored specifically to each client, begins with a one-on-one consultation and private session with a personal trainer. Participants are given a choice of group fitness classes and receive a St. Regis Fitness Pack (this includes a stretch mat, water bottle and resistance bands). A post-training treatment at Remède Spa allows for guests to recuperate and feel reinvigorated.

The Renew package does just that—renews the client with a focus on balance and clearing the mind through a private, customized beach yoga session. Also included is a one-on-one session with V Art of Wellness and the fitness pack, followed by a relaxing treatment at the hands of the experienced therapists of Remède Spa.

Packages must be reserved at least seven days in advance and require a two-night stay at the resort, but the personalized attention and luxurious accommodations, as well as any additional services, are always available no matter the length of one’s stay.

The Wellness Program follows The St. Regis Bal Harbour Resort’s renowned commitment to providing exceptional and bespoke experiences. Selva encourages guests to take advantage of this unique service during their stays.

“Wellness encompasses everything—dining, leisure activities, sleeping habits and even finding joyful things in your day,” he says. “So when travelers book a package through the Wellness Program, they can maintain their commitment to living a healthy lifestyle while still enjoying the benefits of a luxurious vacation.” **B**

TRACIE AND CHRISTOPHER VLAUN OF V ART OF WELLNESS OFFER THEIR TOP FIVE WELLNESS TIPS

1. GET ENOUGH SUNLIGHT: Most Americans are vitamin D deficient, which can lead to various illness.
2. EXERCISE OUTDOORS: The health benefits are numerous based on the effects of color, light and endorphins.
3. MEDITATE: Meditation can not only help improve creativity, increase energy and reduce stress but also spark success.
4. GO BAREFOOT: The earth is a natural anti-inflammatory and antioxidant when we are grounded barefoot.
5. FOLLOW A WHOLE FOODS DIET: Avoid processed and refined foods, and opt for a variety of colorful, from-the-earth vegetables and fruits.



Building Bal Harbour

The former military training site has become one of America's most exclusive destinations.

BY MICHELLE FRANZEN MARTIN



Bal Harbour was incorporated as a village by Robert C. Graham in August 1946.



During WWII, Bal Harbour land was used by the U.S. government as military training grounds.

ALTHOUGH IT'S AN EASY DRIVE FROM THE heart of Miami, the small village of Bal Harbour has a history and culture uniquely its own. Bal Harbour's story dates back to the late 1920s, a time when Miami was becoming one of the greatest vacation destinations in the world. The area attracted many of the nation's elite, including the automobile magnates of Detroit, who flocked there to escape Michigan's harsh winters.

Robert C. Graham, who ran Graham-Paige Motors Corp., was one of many auto executives attracted to South Florida's clear blue waters and warm temperatures. Through his real estate development company, Detroit-based Miami Beach Heights Corp., Graham purchased some partially swampy land north of Miami Beach with the idea of developing it into a small, private village.

"He wanted to create an exclusive enclave north of Surfside," says Seth Bramson, a South Florida historian who has written 21 books chronicling the

area, including "33154: The Story of Bal Harbour, Bay Harbor Islands, Indian Creek Village and Surfside." "He chose it for no small reason. He just thought the area was beautiful—gloriously beautiful. During the dead of winter in Detroit, it was 79 degrees and sunny here."

Military Beginnings

In the 1930s, Graham hired an urban planning firm to develop what soon would be called Bal Harbour. Initially named Bay Harbour, the word "Bal" was derived from the B in Biscayne Bay and the AL in Atlantic, signifying the city running from the bay to Atlantic Ocean.

But when World War II commenced in the early 1940s, it stalled Graham's plans for Bal Harbour. "During World War II, more than 60 percent of all U.S. Army Air Corps (forerunner to the U.S. Air Force) trained on Miami Beach," Bramson says. "Bal Harbour was used as training grounds and

shooting ranges."

Throughout this tumultuous period in the U.S., Graham leased his land to the government for only \$1 a year. With two prisoner of war camps located in the greater Miami area, it was an ideal location for a base. German prisoners of war were bussed to the base from their camps and served as groundskeepers, cooks and mechanics at the barracks.

At that time, other military personnel were also visiting Miami Beach and starting to explore north into Bal Harbour. By the end of the war, Miami Beach and the surrounding areas had grown even greater in popularity.

It Takes a Village

In order to form the village of Bal Harbour, Graham needed 25 male registered voters. After converting the empty barracks used during the war as officer housing into apartments, he found 25 families to take up residence.



Bal Harbour Shops, founded in 1965, has become one of the most successful high-end malls in the U.S.



Stanley Whitman (center, with his family), was one of the first people to move into the converted army barracks and played an important role in Bal Harbour history when he founded the Bal Harbour Shops.

Stanley Whitman, who played a significant role in Bal Harbour's success by opening the Bal Harbour Shops, was one of the first families to move into the converted barracks.

"After the war, I was starting work as a real estate salesman and I had to find an affordable place to live," Whitman says. "They had furnished the place with Sears Roebuck furniture and made the rents cheap so they could get 25 men to vote to incorporate the village. I moved in there with my wife and son, and while we were living in the barracks my daughter was born."

Indeed, Bal Harbour was beginning to take

shape: Utility lines were laid, swampland was filled and sewer systems were constructed. Finally, in 1946, the village was incorporated.

But Bal Harbour's exclusivity had a downside: The village soon earned a reputation for being somewhat closed off to cultural influences. "You'll see it in the booklets and brochures," Bramson says. "[For example], Jewish people were neither welcomed nor desired as residents of the community."

Whitman and his family helped to change that. Whitman, the son of a successful Chicago businessman, inherited his father's knack for business. But he also knew that building shops and hotels would

change Bal Harbour from an insular village to one that welcomed people of all backgrounds.

"The Whitmans, to no small extent, were responsible for the area changing," Bramson says. "Due to their forward thinking, they helped not only to create the affluence of Bal Harbour but also changed its provincial thinking."

Today, Bal Harbour is one of the most progressive, civic-minded communities in South Florida, Bramson says.

A Shopping Destination

In 1957, Whitman purchased the land to build a shopping center, with grand plans to bring an exciting array of luxury retailers to the area.

"Stanley said, 'We need this. It has great tax revenue and it will bring in wonderful people,'" Bramson explains. "People said, 'It might change the character of the village. It will bring in outside people.'"

Less than 10 years later, in 1965, the Bal Harbour Shops opened as the first major shopping area in the United States to debut without an anchor store. Its affluence and location quickly attracted high-end retail giants: In 1971, Neiman Marcus opened its first location outside of Texas at the Bal Harbour Shops; Saks Fifth Avenue followed in 1976.

The 450,000-square-foot Bal Harbour Shops is now one of the most successful high-end malls in the U.S. And at age 94, Whitman continues to come into work several times a week. In the years since its founding, the shopping center has become a family business—Whitman's son Randy heads the company while grandson Matthew works on day-to-day operations.

"This has been a top shopping center not only in the U.S., but throughout the world for 40 years," says Whitman of the Bal Harbour Shops. "We have the most concentrated mix of high-end merchants outside of New York's Fifth Avenue and Rodeo

Bal Harbour Through the Years

Miami Beach Heights Corp., led by Robert C. Graham, purchases 245 acres of undeveloped property north of Miami Beach.

Late 1920s



From left: Robert C. Graham Jr., Glenn E. Massnick and Charles R. Graham look over the plans for what will become Bal Harbour

1941

The United States enters World War II, and Graham leases his land to the U.S. Air Corps for \$1 per year as a base to train soldiers.

The former military barracks are converted into apartments for 25 families; Bal Harbour is incorporated as a city in August.

1946



The Hotel Americana

1956

The Hotel Americana, the site where The St. Regis Bal Harbour Resort stands today, opens for business.

Drive in Los Angeles. We have more high-end shopping than large cities such as San Francisco and Houston.”

Beach and Beyond

Whitman’s achievements and impact aren’t limited to only retail. During the time he opened the Bal Harbour Shops, he also wanted to address the beach erosion the village was facing.

Storms and hurricane damage had taken their toll on Bal Harbour’s beaches, so in 1968 Whitman spearheaded a resort tax initiative that was adopted by the village council. Regarded as highly successful, the initiative secured funds to pay for the multimillion-dollar beach restoration without taxing Bal Harbour residents.

“Over the years Bal Harbour has spent millions of dollars rebuilding its beaches,” Bramson says. “It’s not just the hurricanes ... the oceans come in, the waves come in, and little by little the beaches are eaten away. It’s a constant battle.”

In 2002, a \$1.5 million beach restoration project was approved, adding a jogging path and native plants along Bal Harbour’s north/south tip. It’s a uniquely Bal Harbour experience—one that stands out from the flora in neighboring communities.

“Miami is a fun, colorful and exciting destination that draws travelers from all over the globe,” says Carolyn Travis, executive director of tourism for Bal Harbour. “Bal Harbour’s proximity to downtown Miami and South Beach allows visitors to enjoy the village without the hustle and bustle of the city. It’s a great place for visitors who are seeking a sophisticated, luxury getaway.”

Travis says the village’s new art program also makes Bal Harbour stand out. Bal Harbour’s first-ever public art project, *Unscripted*, showcases artists within select public spaces of the village. It is accompanied by public programming, including lectures and meet-and-greets.



The Bal Harbour Shops was the first major center in the U.S. to open without an anchor store.

“Unscripted complements the already rich arts and culture guests can experience when they are in Miami while supporting our destinations’ talented artists,” she adds.

One recent installation, “Pax Americana” by artist George Sánchez-Calderón, was erected in front of the The St. Regis Bal Harbour Resort in late 2012. The large Hollywood-style sign, spelling the word “Americana,” paid tribute to the legendary Hotel Americana, opened in 1957 on the site where the St. Regis now stands. The historic property was one of the most exclusive resorts in South Florida, play-

ing host to several U.S. presidents, including John F. Kennedy, Lyndon B. Johnson and Richard Nixon.

Described by some as the “American Riviera,” Bal Harbour has enjoyed much growth in its nearly 100-year history. With high-end dining and shopping and pristine beaches, it provides visitors and residents alike a taste of the Miami culture with a dignified, gentle grace only a small village can offer.

“It’s a different world in Bal Harbour,” Bramson says of the village. “Bal Harbour has remained this wonderful enclave. It’s a very fine place with a wonderful history.” **B**

Stanley C. Whitman purchases land to build a high-end fashion mall.



Bal Harbour Shops

Bal Harbour founder Robert C. Graham dies at age 82.

The St. Regis Bal Harbour Resort opens in January on the site of the former Hotel Americana.

1957

1965

1967

1971

2012

Whitman’s vision becomes a reality when the Bal Harbour Shops opens.

Neiman Marcus opens its first store outside of Texas at the Bal Harbour Shops.



The St. Regis Bal Harbour Resort

Artfully Adorned

CELEBRATE SUMMER IN STYLE WITH THE TOP JEWELRY AND WATCH TRENDS AND EXPERT ADVICE ON HOW TO WEAR THEM.

BY ANETTA NOWOSIELSKA

IN THE 1953 FILM “GENTLEMEN PREFER Blondes,” Marilyn Monroe made it clear that diamonds are the accessories of choice for sophisticated women around the world in her famous rendition of “Diamonds Are a Girl’s Best Friend.” Sixty years later, the iconic lyrics still hold true, particularly for a warm Miami night out on the town—there’s no better way to complement elegant resort or evening wear than with an array of glittering gems.

Luxury watches and jewelry from high-profile designers and independent jewelers alike can be found in and around Bal Harbour this summer. At the Bal Harbour Shops, a stunning array of high-

end brands like Van Cleef & Arpels, Harry Winston and Tiffany & Co. offer refined styles. Just outside the village’s borders, Cartier diamonds and more shine in the Design District.

Whether shopping for well-known designer collections or one-of-a-kind pieces this season, the spotlight is on statement-making jewelry that, much like the fashion runways, embraces trends in creative, awe-inspiring ways. With knowledgeable stylists on hand to share how to best show off the newest styles of gems and jewels, as well as an array of boutiques with dazzling wares, Miami is an epicenter for all that glitters.

Deco Delights

Proving that what was old can become new again, Gatsby-inspired Art Deco styles cast a long shadow on jewelry styles this season with bold, rich colors and shapes.

“The amazing thing about Art Deco, be it jewelry, watches or furnishings, is that it never goes away,” says Sondra Schneider, managing editor and jewelry expert at Miami-based Fashion Road Magazine. “Sooner or later, Art Deco returns to favor. It’s the sign of a true classic.

In its new interpretation, the contemporary spin on the classic motifs of geometric designs, stark





Butterfly white gold, diamond and sapphire watch, at Graff Jewelers, Bal Harbour Shops



Glacier diamond and gemstone necklace, at Harry Winston, Bal Harbour Shops

color combinations and abstract patterns embraces a mood that flows with modern times. At its Design District location, Cartier's latest Paris Nouvelle Vague collection is the perfect melange of nostalgia and timeless elegance with seven distinct sets representing the seven moods of the Parisian woman. Similarly, the Affranchie line pays stunning homage to the capital of France with a soaring range of jewels that echo classic Art Deco lines executed in graduated half-spheres with ribbons of smoked quartz, hematites, amethysts and calibrated diamonds.

At the Bal Harbour Shops, Tiffany & Co. presents its 2013 Blue Book Collection that's chock full of spectacular pieces that sparkle and shine. A vibrant Art Deco color palette is reflected in the rare colored diamonds on full display in the variety of rings, bangles and necklaces that burst with the energy and innovation of the Roaring '20s. Perhaps the grand centerpiece of the collection is the final item to be revealed: The Savoy, an opulent headpiece of glittering diamonds and freshwater cultured pearls, is inspired by a 1920s design from the Tiffany archives as well as Baz Luhrmann's "The Great Gatsby."

Also at the Bal Harbour Shops, Piaget offers its own tribute to the Jazz Age with the Limelight Jazz Party timepiece. An 18-karat white gold cuff watch with 370 brilliant-cut diamonds featuring

a diamond case and onyx dial, the watch is anything but a relic of time past.

White Out

Another old fashion adage takes center stage this summer: Shades of white reign supreme between the months of May and August.

For this summer season, watchmakers turn to the light palette for its elegance and allure, creating timepieces in steel, ceramic and other materi-



Art Deco-style jewelry, like these Tiffany & Co. pink and diamond rings from the Blue Book Collection, is a true classic that always returns to style.

CARLTON DAVIS



Bulgari, which has incorporated the serpent into its designs for many years, provides a tribute to the year of the snake with its Serpenti 18-karat gold timepiece with 346 brilliant-cut diamonds.



Loree Rodkin's snake bondage ring at Sauvage in the Design District showcases a medieval-meets-modern serpent style.



COURTESY OF VERDURA

Verdura Maltese Cross cuff

als accented by leather for a clean and intriguing look. Touches of diamonds reflect the bright Miami sun while adding a sophisticated sensibility to the design.

The Bell & Ross BR S model in white ceramic, found at the Vault on Lincoln Road in Miami Beach, exemplifies this contemporary trend. Drawing inspiration from instruments on an airplane's dashboard, the timepiece incorporates elements of ceramic, leather or rubber in its strap, complemented by a polished steel bezel on the case for a look that is modern and altogether feminine.

Likewise, the jewelry offerings this season are equally awash in white. "The latest emergence is white hot jewelry and timepieces that become a wardrobe staple," says Miami-based stylist Jessica Rae Anderson. "White agate feels so fresh and new, seen paired with all types of finishes: rose gold, silver, rhodium and gold. White is the perfect 'no color': color that goes with nearly everything and stays as a statement trend throughout the fall season."

Pomellato, known for colorful designs, stepped out of its comfort zone for summer 2013 at the

Bal Harbour Shops, unveiling a striking Victorian collection of cool white agate pieces with gold scroll motifs set in 18-karat rose gold. A spinoff of the brand's previous successful black version, the pieces are offered in a range of styles including large-scale earrings, necklaces and rings for the ultimate in airy appeal.

Arguably the most sought-after piece by any jewelry aficionado is the Verdura cuff, originally designed for Coco Chanel. Verdura continues to prove that chic elegance stands up effortlessly to the test of time. The Maltese Cross hinged stone cuff combine an eye-catching assortment of stones, including aquamarine, peridot, diamond and pearl embedded in gold to accent the mammoth ivory bracelet.

"A classic like the Verdura cuff is such a versatile piece," says Anna Karamova, a personal shopper who accessorizes many local celebrities. "But to avoid looking like a walking museum, don't wear these classic pieces with [a] vintage-inspired wardrobe. Pick modern, sleek and architectural outfits, which in their simplicity will only enhance the cuff."



Breguet's "Secret de la Reine" 18-karat white gold timepiece is inspired by Marie Antoinette.

Natural Inspiration

"I believe nature will always be in fashion since we all come from it," says Theresa Turchin, owner of Turchin Jewelry located in Miami's Design District. "Nature is the root of our existence."

In a 19-piece collection titled Water by Harry Winston, the iconic American jeweler offers an ode to nature, capturing the vast incarnations of water as it interacts with the elements in the world. The Glacier necklace is a study of variations in color, movement and form, featuring ultra-fine platinum wire, pave diamonds and precious gemstones.

Timepieces are also abloom with intricate, nature-infused details. The butterfly, a symbol of new beginnings, is brought to life in a myriad of exquisite gemstones in the Butterfly Watch collection at Graff Jewelers at the Bal Harbour Shops.

Additionally, Breguet honors its most famous client, Marie Antoinette, and her favorite flower—the rose—with an intricately designed watch named "Secret de la Reine." Hidden behind a cameo rose is a round 18-karat white gold case paved with 431 brilliant-cut diamonds.

Isabel Dupré, former style editor at Elle magazine, says that it's paramount to keep a balance when following the natural trend. She is an expert at curating jewels for her clients that seemingly would never go well together, crediting nature-oriented pieces for her signature bold aesthetic.

"I gravitate towards anything that has a strong visual identity," she explains. "I don't think that going after that head-to-toe nature look is the idea. I actually like to pair this trend with something completely unexpected, like gothic skulls or rock 'n' roll studs."

Year of the Snake

Another natural element, the snake, also has a strong presence in this season's accessory trends. In Chinese culture, 2013 is the year of the snake, bringing with it an array of serpentine jewelry representing good omens.

"The legend has it that when the serpent as a piece of jewelry wraps around your finger the wearer is protected from harm," Turchin explains.

At The Webster Miami, a style mecca housing three stories of ready-to-wear apparel and



Limelight Jazz Party 18-karat white gold timepiece set with brilliant-cut diamonds with a onyx dial on a black satin strap, at Piaget, Bal Harbour Shops



Van Cleef &
Arpels Fairy Poetic
Complications watch



Anita Ko 18-karat
rose gold snake ear-
rings with emeralds,
at The Webster

HIDDEN TREASURES

A household name for jewelry connoisseurs, Van Cleef & Arpels has dazzled the public with its jewelry and watches for more than a century. Those in the know are delighted by the brand's Poetic Complications series—in each of the three timepieces, small elements from the main design are incorporated into the mechanism hidden under the dial.

For example, in the Pont des Amoureux watch, the essential elements are engraved with cut-outs of the two lovers. Graceful butterflies are scattered throughout the Butterfly Symphony mechanism and delicate fairies hide under the dial of the Fairy Poetic Complications watch. While these intricate details deserve to be admired, they remain invisible under the dial as a secret shared only by the maker and the wearer.

Only a handful of the Butterfly Symphony Poetic Complications watches remain in the United States today, but Miami visitors who wish to try on the unique timepiece can call ahead to have it transferred to the Bal Harbour Shops boutique.

accessories for men and women, CEO Laure Heriard Dubreuil turns to designer Anita Ko for its snake-inspired designs. The 18-karat rose gold serpent earrings featuring small emerald stones are a popular design at the mega-boutique.

"These earrings are a beautiful craftsmanship with an edge—with these emerald eyes I was hypnotized right away and got them for the Webster," Dubreuil says. "The Chinese astrology seems to fuel and inspire amazing pieces from [...] Anita Ko."

For Bulgari, which has featured the snake motif as part of its brand aesthetic since the 1960s, it seemed natural to grow its iconic Serpenti collection. The latest timepiece features a diaphanous pink gold double wraparound band and scales set with 346 brilliant-cut diamonds.

At Sauvage in the Miami Design District, Loree Rodkin's snake bondage ring is another example of this season's medieval-meets-modern style. Three sections made of 18-karat white gold with a black rhodium finish are topped with sapphire pave and webs around the finger.

Whether serpentine-inspired or florally inclined, this season's trends are far and wide ranging. There is virtually a design for everyone, from crisp white-on-white watches to modern Art Deco baubles. Feminine, intense, colorful or minimalist, Miami's summer styles do have one unifying factor—each piece makes a bold statement and propels the wearer to the forefront of the fashion scene. **B**

Impressionists on the Water

Embark on an artistic voyage during San Francisco's hosting of the America's Cup with *Impressionists on the Water*. Explore the significant role pleasure boating and competition played in the art and lives of the Impressionists and Post-Impressionists, including Monet, Pissarro, Renoir, and Signac.

JUNE 1–OCTOBER 13, 2013
Legion of Honor

legionofhonor.org • Lincoln Park

Exhibition organized by the Fine Arts Museums of San Francisco. Major Patrons: Mrs. George F. Jewett and San Francisco Auxiliary of the Fine Arts Museums. Patron: Mrs. James K. McWilliams. Additional support is provided by the Estate of Donald Casey and the Bequest of Lois E. Kalb. Supported by an indemnity from the Federal Council on the Arts and the Humanities. Additional media sponsor support: KPIX-TV. Community Partner: Ghirardelli Chocolate Company.

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Gustave Caillebotte, *Regatta at Argenteuil* (detail), 1893. Oil on canvas. Private collection. Photograph © Comité Caillebotte, Paris



Diebenkorn

The Berkeley Years

Deeply engaged with the unique setting of the Bay Area, postwar artist Richard Diebenkorn profoundly influenced American modernism during his years spent working in Berkeley (1953–1966). Explore the first exhibition to focus on this pivotal period in Diebenkorn's career with more than 130 works, beginning with the artist's earlier abstract paintings and moving through his subsequent figurative phase.

JUNE 22–SEPTEMBER 29, 2013

HERBST EXHIBITION GALLERIES

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The exhibition is organized by the Fine Arts Museums of San Francisco, in collaboration with the Palm Springs Art Museum. President's Circle: Ednah Root Foundation. Curators Circle: Koret Foundation. Conservators Circle: Christie's. Benefactors Circle: National Endowment for the Arts. Supported by an indemnity from the Federal Council on the Arts and the Humanities.

Richard Diebenkorn, *Figure on a Porch*, 1959. Oil on canvas. Oakland Museum of California, gift of the Anonymous Donor Program of the American Federation of the Arts. © 2013 The Richard Diebenkorn Foundation

ON THE COURT AND BEYOND

Legendary tennis pro Venus Williams looks ahead to a future that is expected to shine as bright as her early career.

BY CHRIS ODDO

MOMENTS AFTER WINNING THE WIMBLEDON FINAL IN JULY 2000, VENUS WILLIAMS WAS ASKED TO describe in one word how she felt about securing her first Grand Slam title at the world's most prestigious tennis tournament. The 20-year-old at the time didn't hesitate to reply: "Proud."

With that one word, Williams succinctly conveyed her refreshing modesty to the world. "I remember growing up my dad said, 'Pick a tournament you want to win more than any other,' and I said Wimbledon," Williams says. "Maybe it was a little prophetic that that would be the tournament where I would play so well."

Since that maiden Grand Slam in 2000, Williams, now nearly 33 years old and in possession of 22 Grand Slam titles as well as four Olympic gold medals, has won more at Wimbledon than anywhere else. "I think it suits my game," Williams says of the only Grand Slam that is played on the sport's original surface—grass. "The first time I won it, it just kind of was the perfect storm about having the right attitude and me being the person in the draw that deserved it the most and wanted it the most."

Now setting her sights on this year's Wimbledon and the 2016 Olympics in Rio de Janeiro, Brazil, Williams has her work cut out for her. But those who have watched her on the court for years know that Williams is anything but lackluster in talent and motivation.

An Athletic Revolution

Growing up in the working-class city of Compton, Calif., Venus Ebony Starr Williams and her sister Serena spent countless hours practicing tennis under the tutelage of their parents, Richard Williams and Oracene Price, who wanted their daughters to excel at a sport as an escape from inner-city life. Williams showed signs of greatness early on, picking up the game when she was just 4 years old and winning tournaments at 10. By the age of 12, she held a 63-0 record in the United States Tennis Association's youth tour, leading to her professional debut in 1994 at the Bank of the West Classic in California.

A positive symbol for not only athletes but also for female athletes, Williams is a revolution in a tennis dress. In her early success, she was living proof that tennis was entering a new era in which anybody with a dream, from any walk of life, could have a chance to be a champion. Over the next several years at Wimbledon, Williams would unleash an intense passion for the game, one that the sport had never seen before. Long-limbed, lightning quick, lithe and powerful, she was impossible to stop.

From the moment she defeated fellow American Lindsay Davenport for that first Wimbledon title in 2000, her victories at the esteemed Grand Slam continued to escalate. "Whenever I would get [to Wimbledon], my attitude was so good; I was like 'I'm not losing,'" she says.

That triumph not only marked the beginning of her dominance at Wimbledon, but also for both Williams sisters as the greatest pair of siblings to ever play the sport. Williams and her sister would both go on to acquire the doubles title and later the Olympic gold medal. Additionally, both sisters have had the distinction of being ranked by the Women's Tennis Association (WTA) at the World No. 1 position.





Venus (right) and Serena Williams compete in a doubles match at the 2013 Australian Open on Jan. 22, 2013, in Melbourne, Australia.



Williams secures the women's singles title at the 2005 Wimbledon Championship.

In 2002, after the French Open, Venus and Serena were ranked No. 1 and No. 2 respectively, becoming the first siblings, male or female, to occupy the top two spots at the same time.

More than a decade later, Williams still graces headlines. In 2012, she won her 44th career WTA title and her first in more than two and half years at the BGL Luxembourg Open. Although she's been slowed by illness (in 2011, she was diagnosed with Sjögren's syndrome, a little-known autoimmune disorder that causes fatigue and joint pain) and injury (in March 2013, she withdrew from the Sony Open with a lower back injury), Williams, more than anything, is still proud.

"I'm a believer," Williams says. "I always feel like I'm going to find a way. Challenges don't bother me because I know I'm going to get past them and conquer them eventually. I have failed at times, but I didn't see it that way; I just saw it as not the end of the story yet."

A Remarkable Resurgence

In 2011, after Williams revealed to the world that she was suffering from Sjögren's syndrome, she announced that she would be withdrawing from the U.S. Open that year. Subsequently, there were rumors that her career as a tennis player might be finished. Instead, she sought holistic treatment and incorporated a vegan, raw food diet to counter the inflammation in her joints that had unknowingly plagued her for years prior to the diagnosis.

After a six-month hiatus, and dropping outside of the top 100 in rankings, Williams made her return to the courts in Miami at the Sony Ericsson Open in March 2012. Williams opened up to the press



Williams defeats Lucie Safarova in the first round of the 2010 Australian Open in Melbourne, Australia.

afterward in an emotional statement, saying, "Just being here is a win for me. I have nothing to lose."

Despite the grim reality—when asked how she felt, she replied, "Like a person with an autoimmune disease"—Williams declared her goal of making the Olympics in London in July 2012. It sounded good in theory, but many wondered if she would be able to win enough matches in order to rank high enough to meet the qualification requirements.

For those that doubted, Williams surpassed all expectations, winning 11 of her next 15 matches to qualify. A few months later, Williams stood on the podium in London, accepting her fourth Olympic gold medal alongside her sister at a time when many people were surprised she was even out of bed. "I feel like I haven't done enough in tennis at all," she says. "I'm extremely happy with my accomplishments, but I'd love to do more."



In 2007, Williams founded activewear brand EleVen.

As humble as she is successful, Williams has never sacrificed her dignity to win. The five-time Wimbledon singles champion (one of only four women in history to win that many) eventually learned to be stoic on the court, possessing a fire on the inside but displaying a Zen countenance on the outside for opponents and fans to see.

"I think she had a natural ability to be pretty elegant," says Pam Shriver, an ESPN tennis analyst and International Tennis Hall of Fame inductee, who mentored Williams in the late 1990s. "She just needed to mature a little bit. I feel like she's carried the burden of more things than most of us know in a very gracious way."

Williams, whose grace doesn't stop when she steps off the court, has blazed a trail as an agent of change. She has led the fight for equal prize money for men and women, writing an eloquent opinion piece in a British newspaper and stating the case to the Grand Slam committee on the eve of her 2005 Wimbledon final. Williams also spoke out in favor of Shahar Peer, an Israeli player who was denied a visa to the United Arab Emirates for a major tour event in 2009 simply because of her heritage. "I had the opportunity because I had the microphone," said Williams at the time, downplaying her courageous act. But others champion her courage.

"I feel she's been the best leader of this generation of women's tennis players," Shriver says. "I think she's taken the most responsibility in the traditional sense of leaving women's tennis better than when [she] joined it. [Williams], more than anybody, has not just talked the talk but she's walked the walk."



Williams has blazed a trail as an agent of change.

Designing the Future

Though Williams is a self-professed obsessive when it comes to tennis, she still finds time to pursue entrepreneurial endeavors as her career evolves. After launching her own interior design company, V Starr Interiors, in 2002, Williams continued to tap her artistic side by entering the world of fashion design. It started as an experiment, with Williams

VENUS WILLIAMS' WIMBLEDON WINS

Singles Titles	Doubles Titles
2000	2000
2001	2002
2005	2008
2007	2009
2008	2012
Runner-up:	2002, 2003, 2009

eschewing clothing sponsorships and creating her own line of tennis apparel, EleVen, in 2007.

Oftentimes shocking and eccentric, Williams' most garish inventions tend to garner as much attention as her tennis does these days. In 2010, a burlesque-inspired outfit coupled with skin-colored undergarments at the French Open got people talking about the brand, though not all opinions were favorable.

It wasn't the only outfit, however, that sparked conversation. Williams' ensembles have become one of the most anticipated sideshows of each Grand Slam, with photographers lining up in the pits to capture her looks. "In the past I did lots of different things," Williams says. "I did lace on the court and I did fringe, so I've done some pretty avant-garde design."

These days, Williams is simplifying her aesthetic, concentrating on cleaner lines, classic prints and reaching a wider audience. "Now it's more about trying to appeal to everyone while still staying true to my vision," she says.

The same passion and determination that has enabled Williams to become one of the greatest tennis players of her generation has helped her develop EleVen. In the last year, the company grew from an experiment to a bona fide clothing line available at boutiques, tennis apparel stores, tennis tournaments and online.

And Williams wants to take it higher. "My dream is, on a higher level, to get people to live healthy, active lifestyles," she says. "To get them to feel good about themselves through what their doing with their bodies, and also with what they're wearing, because it will make them feel confident."

While confidence is one thing that has never been an issue for the tennis superstar, she's unsure of what lies ahead for her—but she knows she's up for any challenge. In the recently released documentary "Venus and Serena," which debuted in theaters and online earlier this year, Williams reveals that she'd like to play until she's 40, but now she's not so sure anymore.

"I think I might have been slightly exaggerating," she says. "But who knows? We'll see—I've never had a traditional career. You can always say, 'This is where I want to be,' but I think very few of us get there the way we think we're going to. You have to sometimes just throw away the plans and go with it, and that's what I think I'll do." **B**



Humphrey Bogart (left) and Ingrid Bergman on the set of "Casablanca" (1942), directed by Michael Curtiz.



the GOLDEN AGE

The era of classic Hollywood cinema produced some of the industry's most timeless and memorable films, paving the way for the future of filmmaking.

BY PETER A. BALASKAS

FROM THE LATE 1920S TO THE EARLY 1960S, HOLLYWOOD EXPERIENCED A CREATIVE and technological boom in the film industry that is now known as the Golden Age of Hollywood cinema. This distinctive period was a simpler—and more private—time in Hollywood, when actors such as Cary Grant, Spencer Tracy, Grace Kelly and Joan Crawford were symbols of class and glamour. Moreover, directors such as John Ford, Frank Capra, William Wyler and Alfred Hitchcock were the captains of their cinematic ships, and the studios were the masters over every movie produced. Although the Golden Age slowly reached its end in the early 1960s, the films during that celebrated era, as well as the stars and filmmakers who created these masterpieces, still possess a rare type of longevity that continues to resonate in the memories of movie lovers around the world.

Cinematic Landmarks

First coined by film historians David Bordwell, Janet Staiger and Kristin Thompson during their study of Hollywood films between the years 1917 to 1960, the classical Hollywood narrative style is the most commonly used technique in filmmaking today and was seen in some of the most iconic films during the Golden Age.

“The classic studio era ... is a time period where the great motion picture studios were most consolidated and basically operated a monopoly of the industry,” says Jan-Christopher Horak, director of the University of California, Los Angeles (UCLA) Film & Television Archive. “That studio system developed a very particular aesthetic of filmmaking, which we call the classical Hollywood narrative style.”

Horak elaborates that this specific style of filmmaking involves the basic storytelling narrative (utilizing a beginning, a middle and an end) and that the story is filmed and edited in such a way that the viewer is immersed in a “quasi-real experience.” He also emphasizes the importance of larger-than-life characters, which serve as valuable assets for this classical Hollywood style.

“The whole notion was that there would be no artifice and that the audience would literally, through identification with characters, be sucked into the narrative and not be aware of the fact that they are actually watching a film,” he explains. “It’s a style [that] is completely unselfconscious.”

PHOTOFEST



The year 1939 was a creatively prolific period in film, showcasing classics such as "The Wizard of Oz."

*"The Wizard of Oz" (1939)
was the first feature film to be
broadcast on U.S. prime-time
television on Nov. 3, 1956.*



COURTESY OF UCLA FILM & TELEVISION ARCHIVE

Rita Hayworth in "Gilda" (1946)

Throughout this Golden Age, Hollywood cinema showcased the highest quality of films that often reflected significant moments in American history. Depression-era films of the late 1920s gave birth to Charlie Chaplin's "The Gold Rush" (1925) and "The Devil's Circus" (1926), as well as the World War I production "Wings" (1927, Gary Cooper), which was the first film to win an Academy Award for Best Picture. Westerns, adventure epics and gangster films rode briskly through the 1930s, including "Little Caesar" (1931), "The Public Enemy" (1931) and "The Adventures of Robin Hood" (1938).

But it was 1939 that became the most creatively prolific year for that decade, showcasing classics such as "Stagecoach," "The Wizard of Oz" and "Gone with the Wind," which was the first color film to win the Best Picture Academy Award.

The 1940s were popular with groundbreaking classics such as Citizen Kane (1941) and "It's a Wonderful Life" (1946) and gritty film noir masterpieces like "Double Indemnity" (1944) and "The Big Sleep" (1945). A dark genre, 1940s film noir cinema set the stage for a new type of protagonist and a new type of villain: the anti-hero and the femme fatale.



PHOTOFEST

"Rear Window" (1954) actress Grace Kelly (far left) with director Alfred Hitchcock (middle)

During World War II, many Hollywood artists, including Clark Gable, Jimmy Stewart and Henry Fonda, had to go on hiatus from their film work when they served in the armed forces.

"Hollywood made itself a magnet for cinema talent throughout the world," says film historian Jonathan Kuntz, who also serves as visiting professor at the UCLA School of Theater, Film and Television. "Almost every major filmmaker ended up doing something for Hollywood in that period. And, of course, it was the glamour capital, you might say, of the world."

The directors of the Golden Era, including John Huston, Frank Capra, Howard Hawks, Ernst Lubitsch and Orson Welles, became cinematic pioneers. But, as Horak says, Hollywood particularly welcomed international directors.

"After the rise of Hitler in Germany, you [had] several hundred filmmakers from Berlin, Vienna and Budapest leaving central Europe and coming to Hollywood," he says. "That was a much bigger influence on things. And so something like film noir, for example, is very strongly influenced by those filmmakers, people like Billy Wilder, Otto Preminger and Fritz Lang."

The Studio System

Although the stars had the spotlight, it was the studios that literally had complete ownership of

the entire film industry. All artists—actors, directors and craftsmen—were bound to their studio employers with multiyear contracts, ranging from seven to 20 years. But the key factor for the major studios—also known as the Big Five (MGM, Warner Bros., RKO Pictures, Paramount Pictures and Fox Film Corp.)—was their multifaceted ability for vertical integration.

"They controlled the market from the moment of inception to [the films] being shown on the screen," says Horak, adding that it was a three-tiered monopoly where they served as producers, distributors and exhibitors, including having complete ownership of all their theater chains. This studio system process increased film production with approximately 300 films being released each year (50 films per major studio).

Despite increased film production, there were two reasons why the studio system ended. The first was the enactment of the Paramount consent decree of 1948, which forced all the studios to sell off their movie theater chains and focus only on production and distribution. As a result, each studio would have to compete in the theater marketplace for every feature that they produced.

AWARD-WINNING ACHIEVEMENTS

Throughout the Golden Age, the Academy of Motion Picture Arts and Sciences celebrated Hollywood's best films by presenting them with one of film's highest honors: the Best Picture Academy Award.

1920s/1930s

- 1927 "Wings"



- 1931 "Cimarron"
- 1935 "Mutiny on the Bounty"
- 1939 "Gone With the Wind"



1940s

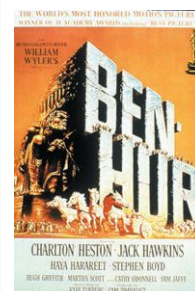
- 1941 "How Green was my Valley"
- 1942 "Casablanca"



- 1946 "The Best Years of Our Lives"

1950s

- 1954 "On the Waterfront"
- 1959 "Ben-Hur"



Marlon Brando was one of five actors who was nominated for an Oscar four consecutive times.

The second reason was the advent of American television, which took mass audiences away from the movie theaters. This resulted in a steady decrease at the box office until it bottomed out in 1963, the worst year for American film production in the past 50 years. The actors, directors and craftsmen were now free agents, responsible for their own successes.

Unforgettable Stars

When it came to the actors of Hollywood's Golden Age, people arrived to the movies in droves to see legends such as John Wayne, Gary Cooper, Rita Hayworth, Ingrid Bergman and Betty Grable, to name a few.

"The stars were wonderful because we connect with them and we see them in other films, and we notice ... something about them," says Kuntz, who also believes that this longevity was due to the marketing and publicity methodologies of the studio system that increased their popularity.

"Many of [the stars] had been made by the studios," he continues. "They had a whole star-making apparatus. Of course, they loved it when super talented people came along. But they needed far more stars than they had super talented people. So, they were constantly bringing up young, relatively little-known people and turning them into stars and keeping them [in] long-term contracts."

During the Depression era (late 1920s to 1930s), Broadway stage and radio artists such as Bette Davis, James Cagney and Clark Gable were the must-see stars. With the coming of World War II and postwar cinema (1940 - 1949), the new stars included the likes of Robert Mitchum, William Holden and musical performers Gene Kelly and Judy Garland. But many of the stars from the 1930s strengthened their marketing presence into the next decade, most notably Oscar-winning actor Humphrey Bogart.

"Humphrey Bogart becomes a fascinating star in the 1940s," Kuntz explains. "[He's] a tough guy who mostly played villains in the '30s. But by the 1940s, he's perfect for this new kind of tougher, maybe 'badder,' good guy that we see beginning with 'The Maltese Falcon,' 'High Sierra' (both in 1941), and then of course peaking with



The 1950s produced actors such as Marilyn Monroe, who brought a sense of realism into the storylines.



REPUBLIC PICTURES/PHOTOFEST

"Rio Grande" (1950), a classic Western, starred John Wayne (left) and Maureen O'Hara (middle).

'Casablanca' (1942), where he plays the disillusioned salon keeper who ends up committing himself to the allied cause."

As Hollywood's Golden Age came closer to an end in the 1950s and 1960s, it also brought about a period of biblical and historical epics ("Ben-Hur," 1959; "The Ten Commandments," 1956), John Ford and John Wayne classic collaborations ("Rio Grande," 1950; "The Quiet Man," 1952; and "The Searchers," 1956) and Alfred Hitchcock thrillers ("Rear Window," 1954; "North By Northwest," 1959; and "Psycho," 1960). The era also introduced the appearance of the notorious method actors—those who brought a sense of realism into the storyline—which included Paul Newman, Marlon Brando, Steve McQueen, Montgomery Clift and Marilyn Monroe.

"There was this new generation of performers who got inside their characters, who allowed themselves to appear imperfect on screen, nervous and troubled," Kuntz says. "And so we had that wonderful generation."

Preserving the Golden Age

Like their stars, the films of the Golden Age have transcended time and maintained their appeal with future generations of filmmakers and film lovers alike.

"Modern filmmakers are very film history savvy," Kuntz says. "They know where their roots are, and so a lot of modern filmmakers have a great appreciation, particularly for the filmmakers of their youth."

In terms of why these classics sustain their immortality, it all comes down to good storytelling and the moviegoers that they connect with.

Frank Capra's 1934 classic "It Happened One Night" (starring Clark Gable and Claudette Colbert) was the first of three films to sweep the Big Five Oscar categories (Best Picture, Actor, Actress, Director and Screenplay).

"The films were made to be appealing to the mass audiences then," he continues. "So it's not surprising that at least parts of the mass audience of today still love them. In many ways, [the Golden Age] is deeply connected to the entire country throughout the 20th century. And so, if you are an American, or like America, you see ... a lot of the best side of 20th century America in the classic Hollywood films."

Whether learning cinema education at film schools or hosting a classic movie marathon at home, the Golden Age of Hollywood captivates the hearts and souls of film aficionados around the world. But these classic cinematic tales and their magnetic, glamorous stars also possess the uncanny ability to seduce those who are unfamiliar with this poignant era.

As long as they still exude their mystique and timelessness, the films of Hollywood's Golden Age will continue to be immortalized for future generations yet to come. **B**



LE GRAND BOUCLE

Often referred to as “the big loop” in French, the Tour de France celebrates its 100th anniversary as one of the most celebrated sporting events in history.

BY ROD EVANS

MARKING THE TOUR DE FRANCE’S 36TH VISIT TO THE capital of the French Riviera, Nice, the 100th anniversary of the race is not only a celebration of the sport’s illustrious history but also the remarkable athletes who compete for the privilege of donning the iconic yellow jersey. For a century, cyclists in the Tour de France have been pedaling for more than 2,100 miles over cobblestone roads, along sheer cliffs and up narrow, daunting mountain roads, all for the opportunity to sport the gold badge of honor.

“The event defines the word epic,” says Houston Chronicle sportswriter Dale Robertson, who’s covered nine tours during his nearly 40-year career. “The mountain stages in particular are amazing, with guys doing seemingly impossible things. The roads are lined with crazy folks, and there’s



The route for this year's Tour de France begins on the island of Corsica.

probably less crowd control than there should be, but that's part of the magic."

"Magic" is one word to describe the Tour de France, which takes place June 29 through July 21 and encompasses more than 2,161 miles of terrain. The race, for the first time in its history, begins on the French island of Corsica before riders traverse a loop through France, ending with the finish at the Champs-Élysées in Paris. In between, 21 towns with names that exude romanticism, like Marseilles and Saint-Gildas-des-Bois, will become centers of excitement as armies of cyclists, team support vehicles, reporters and motorcycles sweep through the quaint villages.

"The tour is unlike any other bike race, and it's full of tradition," says U.S. rider Tejay van Garderen, who is competing in his third tour this year as a member of the BMC Racing Team. BMC and Garmin-Sharp, both based in the U.S., are two of the 19 pro teams representing 12 countries that are participating in this historic edition of the tour. "Guys are asked to squeeze everything out of their

bodies, and then they have to come back again the next day and do it again ... and again ... and again," van Garderen continues.

A Fortuitous Founding

Since the Tour de France's founding in 1903, it is estimated that more than 10,000 cyclists have competed in the tour. The 2013 race actually marks the 110th year since its inception; however, it is considered the 100th due to a hiatus during World Wars I and II.

As intriguing as it is complex, the Tour de France was originally developed as a marketing tactic. Henri Desgrange, a former holder of the cycling world hour record and editor of the L'Auto, a general sports newspaper, was engaged in a fierce circulation battle with the more established Le Vélo publication. While bicycle races held on velodrome tracks were most popular at the time, long-distance road races were beginning to capture the imagination of the public.

After convincing the owner of L'Auto to finance

TOUR DE FRANCE: JERSEY COLORS



Yellow:
Leader of general,
individual time classification



Green:
Leader of the
points classification



White:
Best young rider
(25 and under)



Polka Dot:
Best climber

the project, the first Tour de France was announced on the newspaper's yellow-colored pages (the reason why the leader's jersey is yellow) and covered more than 1,960 miles. The 32-year-old Frenchman Maurice Garin, a former chimney sweep, defeated a field of about 60 riders to win the inaugural race. From the start, the race proved incredibly popular and, by association, achieved its goal of boosting the circulation of L'Auto.

For the 1910 race, Desgrange decided to increase the difficulty by adding two days of mountain climbs in the Pyrenees, with legendary climbs like Tourmalet, Aspin and Aubisque incorporated into the route. The addition of the mountain climbs led the way for more versatile riders to gain an advantage in the tour over the bigger, more muscular riders who prevailed in earlier years.

Riders in those nascent days faced obstacles that modern riders could not possibly fathom, one of the main issues being the lack of gears on their bikes. Before derailleurs (bicycle gears) made their appearance in the 1930s, riders had to dismount and flip the rear wheel around to access the cogs designed for climbing or descent. They also wore spare tires and tubes like bandoliers due to the frequent flat tires from the route's cobblestone, dirt and gravel roads.

Throughout its history, the event's organizers have gone out of their way to make the tour not



Stage 11 of the 2013 Tour de France will take cyclists near the Mont Saint-Michel.

only a physical but also mental challenge. For example, the 1926 race, the longest in history at more than 3,500 miles, came to be called the "tour of suffering" due to some of the most rigorous mountain climbs ever contested. In one especially brutal stage, in which riders had to traverse five mountain climbs, only 47 riders out of the field of 76 had clocked in by midnight, with 12 deciding to abandon the tour altogether.

Through it all, the tour became so embedded into the French psyche and culture that it grew into more than a sporting event, particularly in the postwar era when the crowds lining the roads swelled to

the colossal levels that exist today, and French riders such as the dashing Jacques Anquetil, Louis Bobet and Raymond Poulidor became major celebrities.

But in the 1960s and 1970s, cycling's biggest star of the postwar era, Belgian ace Eddy Merckx, would dominate the race. Nicknamed "the cannibal" for the merciless way he conquered the peloton (the main group of riders), Merckx won five tours, including four in a row. The late 1970s through the mid-1980s saw the end of the French domination; in 1985, five-time champion Bernard Hinault was the last French rider to win a race.

While the sporting event is a time-honored

100 Years of the Tour de France

1903: PREMIER TOUR DE FRANCE

At the inaugural race, Maurice Garin, the first overall champion, was rewarded with prize money of 6,075 francs (\$6,417), a handsome purse for the era.



SFO1966/FLOKOR

1947: THE POSTWAR RETURN

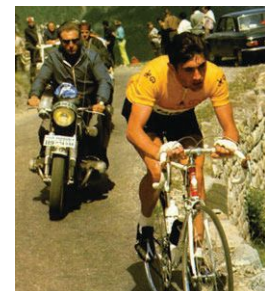
After World War II, the first postwar tour was seen as a symbol of the France's drive and enthusiasm.

1919: CREATION OF THE YELLOW JERSEY

Eugène Christophe was bestowed the first yellow jersey, which identifies the best overall rider.

1974: EDDY MERCKX WINS FIVE

Known as "the cannibal," the Belgian Eddy Merckx set the record for days in the yellow jersey (96) as well as for stage victories (34).



ERASMUSEN/LANDES/FLOKOR

tradition all over the world, as well as one of the greatest feats of athletic heroism, it has also sparked danger and controversy. Over the years, three riders have died during the race, the last being Italian Fabio Casartelli in 1995 when he crashed at high speed. Recent years' doping scandals, including the Lance Armstrong debacle, have swept controversy across the event. Last year's winner, however, Bradley Wiggins of Great Britain, prevailed in the aftermath of the event's doping allegations and was celebrated as a "clean" racer.

A Cultural Phenomenon

Despite the race's somewhat scandalous reputation in recent years, the event remains hugely popular and profitable, especially for the stage cities. In fact, each of the 21 towns along the route bid on the honor of being a host city. "It's very exciting in the small towns, where it's like a big fair and a source of money, but the tour doesn't choose the start and finish locations magnanimously," Robertson says. "They have to pay for the privilege."

For cyclists, the race is a career-defining competition. In the 2011 race, van Garderen, a native of Bozeman, Mont., who now lives in Boulder, Colo., helped BMC's Australian team leader Cadel Evans win the yellow jersey. As one of three cycling grand tours (multiweek stage races), along with the Giro D'Italia and the Vuelta a España, van Garderen says

the Tour de France is certainly the most unique.

"Any race that is three weeks long is grueling, but what makes the tour even tougher is the attention that's focused on it," says van Garderen, who wore the white jersey (best young rider age 25 and under) in the 2012 tour and finished fifth overall. "Everybody wants to do their best and every team wants a [good] result. There's a lot of media attention, and it adds up to a lot of pressure to perform."

Van Garderen, who has spent the last several months training, says that, oftentimes, the training is really racing. "That means spending four to seven hours on the bike competing in a race that might be more than 150 miles," he explains. "Beginning with the work I do in the wind tunnel over the winter, and my training at home in Boulder ... I work to build a good fitness base."

One aspect of the race that new fans may not realize is that the tour is a team sport, where even the fastest and strongest riders cannot win without the support of their team. In the hierarchical team structure of the tour, every member knows his role. Some are great climbers and some are fantastic sprint racers, but every team has a leader—the best overall rider—that the other teammates support by protecting him from the ever-present dangers of the peloton, and by chasing down viable contenders for the yellow jersey and forcing them to expend more energy.

"My primary goal this year will be to help our team leader [Cadel Evans] try to win the tour again," van Garderen says. In addition to the honor of wearing the yellow jersey, the overall winner collects approximately \$588,150 and more than \$1 million in total, which is shared among the team members.

Van Garderen also notes that the popularity of race, coupled with the intimate distance of the fans lining the route, help give it a character unlike any other event in the world. "[The closeness of the fans] is something you don't really notice because it's like that at a lot of races throughout the year, but it can be dangerous, especially on the narrow, mountain roads," he says. "We've seen plenty of collisions with spectators, so it's a danger that is there, but not necessarily something you can do much about."

While this edition of the tour is sure to raise excitement levels higher than usual—in Nice, the tour begins with four days of nonstop festivities, including a zone open all day with shows from mountain biking to trial champions—there's one thing that remains the same: the anticipation of who will vie for the honor to wear the yellow jersey. For Robertson, who's covered Super Bowls, World Series games and World Cups, the Tour de France stands alone. He says, "TV doesn't do it justice ... The spectacle of the event exceeds anything I've covered. It's basically a three-week holiday." **B**



1987: LE GRAND DEPART FROM BERLIN

This was the farthest the tour ever ventured from French soil, two years before the fall of the Berlin Wall.

COURTESY OF AMAURY SPORT ORGANISATION



2013: A CENTENNIAL CELEBRATION

The Tour de France celebrates 100 years with week-long festivities at Côte d'Azur's capital, Nice.



2004: THE POLKA DOT KING

Richard Virenque conquered the King of the Mountains competition, garnering a seventh polka dot jersey.

Dreams in Steel and Carbon

Every year, top luxury automakers turn out concept cars that point the way toward the future.

BY RICHARD S. JAMES

THE ROAD FROM CONCEPT CAR TO PRODUCTION AUTOMOBILE IS LONG AND ROUGH—there is no GPS to guide a designer. The trip isn't about the destination, however; it's about the journey.

While some concept cars are nothing more than thinly disguised production models, many are complete flights of automotive fancy. They are what designers would build if they were unfettered by such trivialities as budgets, sales and regulations. Concept cars are the collective dreams of car companies funneled through the brilliance of a handful of artists tasked with bringing auto fantasies to life.

Designers have collectively kept their feet a little closer to the ground in recent years, aiming for concepts that bear more resemblance to reality, but there is no shortage of whimsy in each auto show season to ignite the dreams of auto aficionados. And, more often, automakers are looking outside the auto show circuit to roll out their ideas at prestigious venues such as Concours d'Elegance and shows that celebrate the aftermarket.





Lamborghini Egoista
© AUTOMOBILI LAMBORGHINI



The Aston Martin CC100 Speedster Concept was inspired by the 1950s DBR1 model.

Wherever they are introduced, concept cars ignite dreams of what could be, and what enthusiasts would drive in their ideal world. Here are five concept cars unveiled this year that spark automotive fantasies until the covers are pulled off of the next unbelievable creations on wheels.

Aston Martin CC100 Speedster

Like Lamborghini, fellow sports car manufacturer Aston Martin is also celebrating an anniversary with a radical concept car. Introduced at the racing event 24 Hours Nürburgring on the famed racetrack Nordschleife in Germany, the CC100 Speedster concept is homage to the past while incorporating modern touches.

A tribute to the DBR1, which won the 1959 24 Hours of Le Mans with Carroll Shelby and Roy Salvadori at the wheel, the CC100 Speedster has no roof, a minimalist architecture and interior and a normally aspirated V-12 under the hood, good for zero to 60 mph in a little more than four seconds.

“CC100 is the epitome of everything that is great about Aston Martin,” Aston Martin CEO Dr. Ulrich Bez says. “It represents our sporting heritage, our exceptional design capability, our superb engineering know-how and, above all, our adventurous spirit.”

The car came together in under six months at Aston’s headquarters in Gaydon, Warwickshire, England, under the guidance of design director

Marek Reichman and chief exterior designer Miles Nurnberger. Nurnberger says it was simple: It had to reflect Aston’s heritage and point toward the future. The result is a low, swoopy carbon fiber body that looks like the team modernized the DBR1. The interior is acres of bare carbon fiber with fine leather in the seats, covering part of the center console and the door pulls—a clear nod to the past. And although Aston has no firm plans to bring the concept to production, consumers may see certain design elements incorporated in the future.

Porsche Panamera Sport Turismo

Like any good concept car, the sculpture of the body is key. In this case, however, the shape is a refined



Debuted in 1985 as a concept car, the Audi TT went into production in 1999.



Porsche Panamera Sport Turismo boasts a traditional Porsche feel with high-tech features.

version of a car already in production. Embracing the wagon nature of the five-door body style more so than the current production version, the Sport Turismo stretches the Panamera's lines to a more natural conclusion at the rear.

While the drive train is a plug-in e-hybrid affair, where the Sport Turismo really delves into concept car territory is the interior. It maintains a traditional Porsche feel while going full high tech with a touch-screen panel, in place of traditional gauges, that can display the information of the driver's choosing, and a touch display in the center console that controls all the functions of the automobile. Many of those functions can be controlled via a smartphone app. Not only can the owner monitor the length of charging, but he or she can also set a time so that the car charges during off-peak hours. The HVAC system can be controlled via phone, so the car is at the right temperature. Porsche may call it a concept, but this car could easily be showcased on the auto turntable within a few years.

Lamborghini Egoista

When an auto manufacturer's ordinary production cars are known to cause whiplash in passersby, it has to be pretty bold to cause a sensation with a concept car. In years past, Lamborghini has done that by showing concepts with twice the number of doors and seats as its core models. This time,

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The Lamborghini Egoista features a single seat.



The Mercedes-Benz Concept GLA features laser-beam headlights capable of projecting images and video.

it shocks by reducing the number of chairs and eliminating the doors altogether. If a driver wants to take a companion, he or she will have to choose a car from the garage other than the Lamborghini Egoista—this is a car for one. Introduced in the automaker’s hometown of Sant’Agata Bolognese, Italy, at the culmination of Lamborghini’s 50th anniversary celebration in May, the car’s name

translates from Italian as “selfish.”

“I wanted to pay homage to and think up a vehicle to underline the fact that Lamborghinis have always been made with passion,” says designer Walter De Silva, the head of design for parent company Volkswagen Group.

It may be a car built for the egocentric in mind, but it’s not for the weary, either. The Egoista is con-

structed similar to a jet, with a canopy that rises. The body resembles an F-117A Stealth Fighter; it is even made of an anti-radar material.

Low-level flying is powered by a 5.2-liter, 600-horsepower V-10, the most production-ready item on the car. As for the rest, it’s unlikely that anyone will have the choice to park an Egoista in his or her garage—this one truly is a flight of fancy.



Audi TT



BMW Z9 GT



Ford GT



Chevrolet Mako Shark



Porsche 918 Spyder

From Concept to Reality

The automotive world is bursting with concept cars that never got close to production; however, with only minor tweaks, these five models successfully made their way into showrooms across the globe.

Audi TT

The little, round coupe made its debut at the 1985 Frankfurt Motor Show, and then went into production as a 1999 model largely unchanged. The compromise was minor—a reduced C-pillar and a rear quarter-window added for better visibility.

BMW Z9 GT

A fanciful look into the direction BMW imagined 21st-century automotive design to be, the Z9, introduced in 1999, seems like no production model BMW ever built. Once the gullwing doors are closed, however, the Z9 is remarkably similar to the production E63 6 Series coupe introduced a few years later.

Ford GT40

A little more than an updated version of the famous Ford racer from the mid-1960s, the GT40 concept was one that had aficionados drooling when it showed up at the 2002 North American International Auto Show in Detroit, Mich. Forty-five days later, Ford announced that a production model was in the works.

Chevrolet Mako Shark

When the Larry Shinoda-designed XP-755—also known as the Mako Shark—hit the auto show circuit in 1961, it was much harder-edged than the then-current production Corvette. But the car was such a hit that it essentially became the C2 Corvette in 1963.

Porsche 918 Spyder

With its radical design, hybrid drive train and everlasting endurance, even in 2010 the Porsche 918 Spyder seems like a fantasy to fans of the German sports car manufacturer. Yet, later this year, it enters production much the same as the car Porsche showed off in Frankfurt.



The BMW Pininfarina Gran Lusso combines German engineering and Italian design.

BMW Pininfarina Gran Lusso Coupe

The sensibilities of German engineering and the pure aesthetics of Italian design often seem at odds. In automotive history, when the two come together, the result is sometimes awkward—like covering a square glass table with a round lace tablecloth. At the other end of the spectrum, however, is the BMW Pininfarina Gran Lusso Coupe.

The first collaboration between the company that claims to build the “ultimate driving machine” and the Italian design house that has created some of the automotive world’s most sensuous shapes, the Gran Lusso is what the two companies envision as a large, luxurious two-door.

“The appeal of this collaboration with Pininfarina is that you get another, very different and special angle on facets like luxury and exclusivity,” says Karim Habib, head designer for BMW. “The Italian company, after all, has always been a byword for these criteria in particular, demonstrating time and again its keen sensitivity and exceptional finesse in these areas. In Pininfarina we have found the ideal partner to lend shape to this vehicle concept.”

The proportions of the Gran Lusso, unveiled at the Concorso d’Eleganza Villa d’Este at Lake Como, are clearly BMW—a long hood hiding a powerful V-12, a cabin set back toward the rear of the car and short overhangs—but they are tempered by Pininfarina’s touch. Where a modern production BMW is more angular, the Italians have smoothed the creases slightly. It’s a BMW, but somehow softer.

The interior looks production ready, and an owner of any recent BMW model would feel right at home thanks to the lavish materials used throughout. While current BMWs are swathed in leather, the Gran Lusso’s interior is of a higher quality and more abundant. Sourced from the Italy-based Foglizzo leather factory, it covers every surface that’s not wood—a rare kauri wood from New Zealand—or the Italian virgin wool that lines the roof. Plastic is in short supply here, giving the

driver and passenger’s seats a warm, inviting look. The Gran Lusso is a car that BMW could build in short order if luxury buyers are ready for another large, powerful coupe.

Mercedes-Benz Concept GLA

At first glance, the Concept GLA from Mercedes-Benz looks production-ready. In the same way that the German automaker brought its luxury to those looking for a more comfortable, premium experience in a smaller package with the CLA, the Concept GLA gives consumers a look at the same idea in a SUV. What Mercedes calls a concept would be at home on the showroom floor now.

There are, however, some tricks hiding in this tidy package. While full LED headlights are finally finding a home on many luxury road cars, Mercedes has taken the next step: lasers. The laser-beam pro-

jector of each headlamp light up the road at night, but they can also do much more. The lights are capable of projecting pictures or video—any media format that can operate through the company’s COMAND infotainment system—onto a screen or other surface. In other words, the car is its own drive-in movie.

The lamps can also project directions from the navigation system onto the roadway. If a right turn is coming up, the car could throw a right arrow onto the street surface, informing not only the driver of the vehicle but also others on the road.

Additionally, with the assistance of two HD cameras mounted on top, the Concept GLA can literally create its own moving pictures. The cameras are removable so occupants can record a ski run when they arrive at the slopes or leave them on to capture a scenic drive. **B**



BMW Pininfarina Gran Lusso Coupe’s interior is full of lavish materials, such as rare kauri wood.



The Renzo Piano-designed Fondation Beyeler in Riehen, Switzerland, was established in 1989 by longtime art dealer Ernst Beyeler.

ART ODYSSEY

From California to Qatar, art aficionados can acquire a singular look into the lives of passionate collectors at these spectacular museums.

BY MOJIE CRIGLER

PRIVATE ART MUSEUMS NOT ONLY AFFORD ART AFICIONADOS THE RARE chance to peek inside the lives and passions of some of the world's most prominent people but also the opportunity to appreciate world-class collections.

In some cases, private collections obey a passion for a particular style, epoch or nationality; in other instances, the collector's whim is eclectic, spanning centuries and continents. Further contributing to its intimate nature, many private art museums were once private residences, where patrons can ponder art as they wander through the founder's former bedroom.

Even private museums built to accommodate the public were designed specifically for the permanent collection, offering architecture enthusiasts another piece of art to appreciate. From the U.S. to Qatar, here are seven awe-inspiring spaces designed to showcase the some of the best private art collections in the world.



The Peggy Guggenheim Collection, Venice, Italy

"Femme Époque des Demoiselles d'Avignons"
(1907) by Pablo Picasso, at Fondation Beyeler



THE HUNTINGTON LIBRARY, ART COLLECTIONS AND BOTANICAL GARDENS LOS ANGELES

First opened to the public in 1928, The Huntington comprises a library of more than 9 million items, three art galleries focusing on 19th century British, French and American works, and 120 acres of resplendent botanical gardens.

"You can't believe something like this exists in Los Angeles," says Susan Turner-Lowe, vice president of communications at The Huntington. "Many visitors are so enthralled with the specialized gardens that they never get into the galleries."

Artworks include Thomas Gainsborough's "The Blue Boy" (1770) and Thomas Lawrence's "Pinkie" (1794), both masterpieces of 18th-century British portraiture. The library collections, which showcase treasures such as early editions of Shakespeare and a vellum copy of the Gutenberg Bible, will be closed for renovation in summer 2013 (the Bible will remain on display), however, visitors still have three buildings' worth of art to explore.

The Virginia Steele Scott galleries house American art, while the MaryLou and George Boone gallery offers changing exhibits. European works are housed in the gorgeous Beaux-Arts mansion, once home sweet home to founders Henry and Arabella Huntington. The couple married in their 60s: She was Henry Huntington's uncle's widow, one of the nation's wealthiest women and an avid art collector; he was a real estate and railroad tycoon with a life-long passion for antique books. Together, they created and established The Huntington to carry forth their vision of a world-class center for research, education and beauty.



THE HUNTINGTON LIBRARY, ART COLLECTIONS AND BOTANICAL GARDENS

The Huntington's art gallery displays 1,200 objects of European art from the 15th to the 20th century.

THE PEGGY GUGGENHEIM COLLECTION VENICE, ITALY

Until American socialite and art collector Marguerite "Peggy" Guggenheim's death in 1979, visitors to her namesake museum in Venice were able to catch an occasional glimpse of the woman who was at the epicenter of 20th century art—after all, she lived right upstairs.

Her art is housed in the unfinished 18th-century Palazzo Venier dei Leoni she purchased in 1949, which boasts a grand facade decorated with the heads of yawning lions. In 1949, Guggenheim held an exhibition of sculptures in the garden, and by 1951 she opened her house and her collection to

the public annually in the summer months.

Today, the entire palazzo is dedicated to Guggenheim's extraordinary assemblage of cubist, surrealist and abstract expressionist works, many purchased directly from then-unknown artists whose careers Guggenheim helped launch, including Jackson Pollock, Robert Motherwell and Mark Rothko. The permanent collection features pieces such as Pollock's "The Moon Woman" (1942) and Picasso's "The Poet" (1911), while other collections feature sculptures, paintings, mobiles, collages and works on paper.

In 1969, her uncle's foundation invited her to show her collection at the Solomon R. Guggenheim



TOM CRANE

The Barnes Foundation in Philadelphia includes works by European and American masters of impressionism, post-impressionist and early modern art.

Museum in New York City. Her collection of abstract and Surrealist paintings and sculptures remain in New York, but visitors to the museum in Italy, however, can pay homage to Guggenheim herself—her ashes are buried in a corner of the palazzo's garden, along with those of her 14 beloved Lhasa apso dogs.

FOUNDATION BEYELER RIEHE, SWITZERLAND

For a museum with a stated preference for “difficult” art, the Fondation Beyeler, near the city of Basel, is a pinnacle of harmonious simplicity. With a Renzo Piano-designed building and expansive landscape—both complementing and responding to the art at the foundation's core—the Beyeler was established in 1989 by longtime art dealer Ernst Beyeler and his wife Hildy, who met her future husband when he was working in an antiquarian bookshop. After she loaned him the money to take over the business, he gradually transformed the shop into Galerie Beyeler. The gallery's modern art is now permanently housed in the museum. Objects from Africa, Oceania and Alaska are displayed alongside more than 200 post-impressionist, modern and contemporary paintings and sculptures by a veritable who's who of 19th and 20th century artists, including Cézanne, Miro, Picasso, Chagall, Pollock, van Gogh, Warhol, Rauschenberg and Monet, whose blockbuster “Water Lilies”

(1914-26) occupies an entire wall in a bright, open room, giving visitors ample opportunities for complete immersion and contemplation of the artwork.

MATHAF: ARAB MUSEUM OF MODERN ART DOHA, QATAR

Boasting a royal bloodline and an equally royal collection of art, Sheikh Hassan bin Mohamed bin Ali Al Thani, scion of Qatar's ruling family, began collecting art when he was 26 years old with the purchase of an upside-down pyramid by Yousef Ahmad, a Qatari painter trained in Cairo and California. A quarter-century later, in 2010, the sheik donated his personal collection of more than 6,000 pieces to become the core of Mathaf (“museum” in Arabic), a public museum based around his private collection.

Located in Qatar's capital city of Doha and housed in a former schoolhouse renovated by French architect Jean-François Bodin, the museum holds the world's largest collection of Iraqi art, following the 2003 looting of the National Museum of Iraq in Baghdad. The young Mathaf now faces the challenge of presenting provocative art in the Islamic world, but the sheik is taking a long view. In addition to building the Mathaf, he is a major patron of Arab artists around the world, in particular giving essential support to those exiled from their countries.

BARNES FOUNDATION PHILADELPHIA

Recently relocated to Philadelphia—not far from the Rodin Museum and Philadelphia Museum of Art—the Barnes Foundation was the brainchild of Dr. Albert C. Barnes, a physician who made a fortune from his patent on the infant-blindness preventive Argylol.

First opened in 1922, the vast collection features pieces from America, Africa and Europe, and ranges from impressionist to early modern art. Sculptures, decorative arts, textiles and paintings—including works by Cézanne, Picasso, Matisse, Modigliani, Renoir and van Gogh—are arranged not by nationality or era, but according to their features. Each room hosts a panoply of art: surrealism beside impressionism beside Chinese fans beside wrought-iron hinges. Additionally, The Honickman Library collection includes more than 4,000 books, periodicals and other resources.

The collection boasts 69 pieces by Cézanne, as well as the largest gathering of works by Renoir, including “Leaving the Conservatory” (1876-77) and the masterpiece “Le Bonheur de Vivre” (1905-06) by Matisse. Controversy swirled around the Barnes' 2012 move from its original location in suburban Merion, Penn., to a new \$150 million building in downtown Philadelphia. The art has been re-hung exactly as before, and it draws rave reviews, both for its design and for its high “green” standard.



The Frick Collection, New York

MUSEO SOUMAYA MEXICO CITY

With 66,000 works of art, Mexico City's Museo Soumaya may be extensive, but it is still a family affair. Named for the late wife of business and telecommunications magnate Carlos Slim—Forbes' wealthiest man in the world—and owned by the Carlos Slim Foundation, in 2011, the museum moved into a new \$70 million building designed by Slim's son-in-law, Fernando Romero, and engineered with Ove Arup and Frank Gehry. The shiny edifice, shaped like a warped hourglass, is covered in 16,000 hexagonal aluminum tiles. Each of the six floors has a unique shape, with the top floor open to natural sunlight. The collection at the admission-free Museo Soumaya comprises art from the 15th century through the 20th, reportedly worth \$700 million. With an emphasis on European artists, the collection features van Gogh, Picasso, El Greco, Matisse and Degas. Visitors will also find religious relics, historical documents, coins, the last mural painted by Diego Rivera and the largest collection of Rodin sculptures outside of France, including "The Kiss" (1889).

THE FRICK COLLECTION NEW YORK CITY

Once called "the most hated man in America," union-busting steel tycoon Henry Clay Frick designed his New York residence with the plan that the mansion would become a museum of art. Built between 1913-14, the house is set back from Fifth Avenue by an elevated garden interposed by three impressive magnolia trees. Since Frick's death in 1919, the collection has expanded to better serve the public as well as its artworks.

In 1935, Frick's collection, amassed over more than 40 years, opened to the public and now houses



MICHAEL BODYCOMB

David Weber table clock (1653) at The Frick Collection through Feb. 2, 2014

a permanent exhibit of more than 1,100 works of art from the Renaissance to the late 19th century, including a superb assembly of Old Master paintings. Vermeer, El Greco, Rembrandt, Hals, Turner and Bellini are among the distinguished artists displayed in this grand space. Also showcased are drawings, prints, decorative arts, textiles, furniture, porcelain, clocks, Limoges enamels and sculpture from the Italian Renaissance, including Lemoyne's "Garden Vase" (1727-28) and Jonghelinck's bronze "Bust of the Duke of Alba" (1571).

At The Frick Collection, visitors can obtain a singular private art experience while standing in Frick's living room or strolling through the garden and beyond the gates, up toward bustling Fifth Avenue. **B**

MUST-SEE EXHIBITS

"PRECISION AND SPLENDOR:
CLOCKS AND WATCHES AT THE
FRICK COLLECTION"

Through Feb. 2, 2014;

The Frick Collection

While most people know the time of day from their cellphones, the Frick's exhibit on antique clocks helps visitors "to think about time in a different way," says curator Charlotte Vignon. Smartphone devotees should note David Weber's multitasking 17th century table clock, which tells not only the time but also the position of the sun, moon, planets and stars, as well as the month, day of the week, deity after whom the days are named, name of the saint for every day and appropriate zodiac sign.

"ELLSWORTH KELLY: SCULPTURE
ON THE WALL"

Through Sept. 2, 2013;

Barnes Foundation

This celebratory presentation of wall sculptures by abstract artist Ellsworth Kelly features the colossal "Sculpture for a Large Wall," originally commissioned for the Philadelphia Transportation Building and on loan from the Museum of Modern Art. Kelly's unique approach to abstraction began with his work as a painter, which deepened as his art moved into sculpture, including large-scale outdoor works in metal. With Kelly's 40-foot-high "Barnes Totem" (2012) permanently installed at the Barnes, the exhibit offers a concentrated look at one facet of this modern artist's multidimensional career.

"JUNIPERO SERRA AND THE
LEGACIES OF CALIFORNIA MISSIONS"

Aug. 17, 2013 - Jan. 6, 2014;

The Huntington Library

With more than 200 objects, The Huntington's multifaceted exhibit takes a hard look at the life and work of Franciscan priest Junipero Serra, who arrived in Alta, Calif., with orders from the Spanish government to build Catholic missions. The exhibition is the first to present an in-depth portrait of the founder of the California mission system. The exhibit also looks at the life and culture of the Native Americans, who were at the center of Serra's early missions in Mexico and California.



FOOD AS ART

As multicourse dining sweeps the nation, chefs take advantage of showcasing their artistic and culinary prowess.

BY DAVID LATT

SIX WAITERS IN MATCHING UNIFORMS WALK carefully single file across the dining room at The Modern, the New York City restaurant with a view of the sculpture garden at the Museum of Modern Art (MOMA).

When they reach the well-dressed women seated at a round table, like synchronized swimmers, they harmoniously circle and set down the elegantly plated dishes at the same time. A plate decorated by two tiny green leaves with blood-red stems frame a single, perfectly round encrusted globe carefully placed atop a pale yellow rectangle.

The artfully composed plates are not about satisfying hunger—this is a performance featuring edible art, designed as much to engage the diners aesthetically, intellectually and emotionally, as it is to nourish them.

The head waiter addresses the guests and explains the tasting's first course of 10: a praline of foie gras terrine on a bed of mango and passion fruit puree with a reduction of balsamic vinegar and a slice of grilled seven-grain bread.

With that first bite, The Modern's Executive Chef Gabriel Kreuther reveals his vision to his diners. The beauty of the plate captures their attention, but it's the taste of the foie gras that focuses their senses on an exquisitely prepared dish of richly flavored fat, marked by a gentle spicy heat and the acid of fruit and vinegar. And the paired wine—a 2009 Domaine Ostertag Pinot Gris Barriques from Alsace—signals the beginning of a gastronomic adventure.

Artistic Visions

Chefs who offer a multicourse meal know that the tasting, which often lasts several hours, is not an everyday event. Guests come to the restaurant when they wish to embark on a culinary journey or celebrate an important moment in their lives, such as an anniversary or birthday.

A multicourse fine dining menu places a demand on the chef, who must deliver the best ingredients as well as delight the eye and the palate. Yet, it also represents an opportunity to share their culinary passions and demonstrate mastery in ingredient sourcing, technique and gastronomic sophistication and prowess.

To achieve that perfection can require hours



AL SUGANO

Quail eggs are artfully prepared at Benu.

ERIC WOLFINGER



Above: Chef Corey Lee of San Francisco's Benu; opposite page: Lee's jellyfish-wrapped shrimp is one example of his exotic flavor combinations.

of work in the kitchen that will be consumed in the blink of an eye. In the fine dining kitchen, sous chefs labor at their stations, employing their world-class knife skills to elevate earth-bound products like carrots, beets and turnips into tiny cubes resembling precious gems. Colorful sauces that might take hours to reduce until the ingredients yield deeply nuanced flavors are applied to the plate with a complex precision.

In the highly regarded "The French Laundry Cookbook," author and chef Thomas Keller famously popularized the idea that the diner loses interest after the third bite of an entree. For Keller, a meal with many small plates was a solution to the problem of entree fatigue.

For chef Corey Lee of San Francisco's Benu, who worked with Keller, a multicourse meal that uses small bites leading to more savory and filling dishes can be predictable and tiring. He mixes things up by making some dishes very comforting, exotic or uncomfortable, or focused on one flavor. In Lee's kitchen, this translates to a roller coaster of textures and flavors that can include crunchy anchovies, deep fried eel flavored with creme fraiche and lime zest, monkfish liver steamed in



Counter clockwise:
Atera in New York;
crispy sunchoke at
Atera; chef Matthew
Kirkley (left) of Chi-
cago's L2O; striped
tortellini, razor clam,
garlic and zucchini
dish at L2O



sake, or quail egg soup with a ginger crust and cucumber sorbet.

With so many courses, the chef and diner engage in a passionate dance. Leading with imagination and skill, the chef delivers dishes with a variety of ingredients, some expensive and difficult to source, others familiar, but all treated elegantly in new and innovative ways. Variations in flavor and texture—hot, cold, pliant, crisp, sweet and spicy—move the diner through states of pleasure and challenge the palate with unusual yet inventive pairings of ingredients.

At New York's Atera, James Beard Award-winning chef Matthew Lightner engages his diners with fabulous abstractions—what is on the plate is often unidentifiable. The animal and plant products used in dishes are frequently transformed into geo-

metric shapes, unexpected textures and surprising flavor combinations, encouraging diners to rely on their sense of taste rather than their eyes to experience the food. The food served during any meal is what's available seasonally and, as Lightner says, "It has to be fun: fun to prepare, fun to eat."

He adds, "I try not to stick with one favorite thing or another. I want to utilize more of a product. We use the skins off the sweet potato and then the meat to make a miso." In his pursuit of the "new and fresh, the memorable and modern," the food his suppliers bring to the restaurant and what he forages himself suggest his theme for that day.

Superior Ingredients

Chefs offer multicourse dining for a variety of reasons, but they all agree on one fact: The meal will

source the highest quality ingredients.

J&G Grill at The St. Regis Bal Harbour Resort in Florida, for example, boasts a five-course tasting menu (with wine pairing available) using ingredients that are more seasonally driven. The restaurant's chefs rely on local farmers markets to obtain the freshest ingredients possible, such as juicy lemons and crisp basil, which could be used in a risotto with Maine lobster. Incorporating local ingredients that change based on the seasons lets chefs at the restaurant tap into their creative instincts, adding complexity to the tasting.

At J&G Grill, a tasting is an opportunity to cater to more discerning palates and offer something more special than what is on the regular menu. Guests who come for a quick, well-prepared meal are easily satisfied with a salad or pasta;



The Modern in New York offers 10 courses on its tasting menu, including this fig dessert.

WHERE TO DINE

FROM CALIFORNIA TO NEW YORK,
SAVOR THE EXPERIENCE OF A FINE
DINING MULTICOURSE MEAL.

CALIFORNIA

BENU

22 Hawthorne St., San Francisco;
415-685-4860; benusf.com

THE FRENCH LAUNDRY

6640 Washington St., Yountville;
707-944-2380; frenchlaundry.com

FLORIDA

J&G GRILL AT THE ST. REGIS

BAL HARBOUR RESORT

9703 Collins Ave., Bal Harbour;
305-993-3333; stregisbalharbour.com

ILLINOIS

ALINEA

1723 N. Halsted St., Chicago;
312-867-0110; alinearestaurant.com

L20

2300 N. Lincoln Park West, Chicago;
773-868-0002; l2orestaurant.com

NEW YORK

ATERA

77 Worth St., New York;
212-226-1444; ateranyc.com

GRAMERCY TAVERN

42 E. 20th Street, New York;
212-477-0777; gramercytavern.com

ELEVEN MADISON PARK

11 Madison Ave., New York;
212-889-0905; elevenmadisonpark.com

THE MODERN

9 W. 53rd St., New York;
212-333-1220; themodernnyc.com

PER SE

10 Columbus Circle, New York;
212-823-9335; perseny.com



Hearts of palm salad at J&G Grill at The St. Regis Bal Harbour Resort

prawns, langoustines and abalone are flown overnight to his kitchen after being caught off the Pacific Coast and in the coastal waters of England, France and Spain. The seafood then spends several days in the 200-gallon saltwater tank he built in the restaurant to regain the weight and flavor they lost during travel.

“[I’m inspired by] what can I remove rather than what can I put on the dish,” he says, adding that his model is the 18th-century French kitchen. “The French royal court wanted clarity. They wanted to know what a single ingredient tasted like ... that still resonates with me. If I’m making too many layers of flavor, I’m doing the product a disservice.

“Since we’re after the very best, without the multicourse format, I wouldn’t be able to serve such a product because as a separate dish it would cost \$150,” Kirkley continues. “But if I’m serving several tastings, I can afford it.”

Lee’s tasting draws on techniques learned through a lifetime of working in Asian, French and American kitchens. The meal will have anywhere from 15 to 18 dishes, twice the number of dishes as at The Modern but not as many as

however, the tasting menu is for the gastronomes that appreciate the first-of-the-season squash that came through the restaurant’s kitchen door that morning. For them, the chefs will transform the squash into ravioli with the savory vegetable enveloping plump pieces of lobster.

At Benu, Lee considers himself incredibly lucky to work with the freshest, most flavorful produce and animal products available from local purveyors in Northern California, while The Modern’s chef Kreuther relies on farmers in the metropolitan area and in upstate New York.

Because he is a thousand miles from the closest ocean, chef Matthew Kirkley of Chicago’s L2O casts a farther net. He serves saltwater seafood, incorporating classic French techniques and avoiding the high-tech pyrotechnics favored by many other chefs. He won’t use foams, stabilizers and sous vide. The success of his multicourse menu depends on the quality of the seafood he sources from around the world.

Kirkley goes to great lengths to ensure that quality. Seafood such as lobsters, geoducks, spot



J&G Grill at The St. Regis Bal Harbour Resort offers a gourmet five-course tasting menu.

Keller's French Laundry. For Lee, the issue is not the number of dishes but the amount of time he wants to spend with his customers.

Like an evening at the opera, his multicourse meals are three- to four-hour performances, and are accomplishments that take bravado. A multicourse chef like Lee must be at the top of his game. An ingredient that isn't of the finest quality or preparation, in Lee's terms, is "too familiar" and would break the diner's emotional engagement with the spectacle of the meal.

Unforgettable Experiences

Restaurants that offer multicourse menus are also oases of elegance. The minimalist interiors of The Modern and L2O are designed as carefully as their dishes. The floor-to-ceiling windows of The Modern run the length of MOMA's sculpture garden. For chef Kreuther, the aesthetic of his plates and the interior of his restaurant reflect the beauty of the art in the museum.

While delicious aromas from the kitchen at J&G Grill will make guests' mouths water, the aesthetic of the restaurant is equally as appealing. Like The Modern, the windows in the restaurant are floor to ceiling, but what's framed on the outside of his dining room is a study in nature. The contemporary, clean space inside is designed to direct the eye to the pool and beach outside. Each dish of J&G Grill's tasting menu is meant to build on the pleasures created first by the room and the magnificent view.

At Atera, chef Lightner chose the organic, natural materials used on the interior of the intimate dining room as carefully as he selected the plates, silverware and glasses. The restaurant's environment and his gastronomy draw on his background as a forager in Oregon when he searched the woods for edible plants. Moreover, at Benu, a large patio garden stands between the outside world and the inner sanctum of the dining room, submerging guests in the experience.

While in some circles multicourse meals have been regarded as too expensive and excessive, when a tasting hits all the right notes the dining experience can be as memorable as an unforgettable theatrical performance. When a multicourse dinner succeeds, the meal delights all the senses and the experience transcends the reality of everyday life. **B**



Vanilla bean creme brulee with berries and cinnamon ice cream at J&G Grill

An ICON REINVENTED

A DECADE AFTER THE LEGENDARY DESIGNER Yves Saint Laurent retired from haute couture, his eponymous fashion house launched a makeover that removed his first name from its labels. Thought it came as a surprise in early 2012 that one of the most revered brands in French luxury was rebranded as Saint Laurent, the fashion house has since gained a fresh energy and identity with a new creative director at the helm.

Debuting two collections since being named creative director in March of last year, Hedi Slimane has redefined the newly named Saint Laurent—a nod to its storied history in the mid-1960s, when the ready-to-wear line was launched as Saint Laurent Rive Gauche—as a staple for those who live and breathe haute couture.

“I think Hedi Slimane wanted to put the Saint Laurent brand at the forefront of what people are talking about in fashion, and that’s exactly what he did,” says fashion stylist Nicolas Bru, who has styled high-profile stars, including Heidi Klum and Mariah Carey. “He’s put Saint Laurent back into the conversation.”

Since Slimane (who formerly served as artistic director for the Yves Saint Laurent’s men’s collections from 1996 to 2000) took position as creative director, Saint Laurent has been the talk of the red carpet. At the Women in the World Summit in April, for example, actress Angelina Jolie made a red-carpet appearance in a boho-style ensemble from Slimane’s inaugural spring/summer 2013 collection. “The new Saint Laurent woman is most noticeably younger with a spirit of adventure,” notes fashion stylist Alexis Honce.

While the clothes Slimane designs are a bit of a departure from the creations of his predecessor, he has clearly sustained Yves Saint Laurent’s vision of creating styles that make bold statements.

GETTY IMAGES



Hedi Slimane,
Saint Laurent
creative director

WITH A NEW NAME
AND A CREATIVE DIRECTOR
WITH A PENCHANT FOR
ROCK ‘N’ ROLL, SAINT LAURENT
BRINGS EDGY-CHIC TO ONE
OF THE MOST DISTINGUISHED
BRANDS IN FRENCH FASHION.

BY LOIS ELFMAN

Powerful Beginnings

If there was one thing that the late Yves Saint Laurent, who passed away in 2008 at the age of 71, had in common with Slimane, now 44, it’s that both knew success at a very young age. Saint Laurent was only 21 when he was thrust into the international fashion spotlight. Named artistic director of the Christian Dior fashion house in 1957, Saint Laurent was tasked with keeping the relatively new house alive, which he did with an unsurpassed aptitude. After a tumultuous stint in the French army, Saint Laurent started his own fashion house with business partner Pierre Bergé in 1962. For the next 40 years, he created styles that changed the way women dressed.

“When you think of Yves Saint Laurent (YSL), one of the things that comes to mind is the pantsuit,” says Jonathan Walford, curatorial director of the Fashion History Museum in Cambridge, Ontario. “Saint Laurent perfected the pantsuit, combining the practical nature of a good pair of pants and tailored jacket with the elegance and style of a modern feminine garment.”

Walford says that while Saint Laurent received enormous attention for his evening wear, he believes the designer’s greatest genius was in day wear. “He made elegance an everyday event by making it relevant for modern women—women with schedules, families and careers,” Walford explains. “More than any other designer, [Saint Laurent] expertly balanced sex appeal and modesty in every garment he designed and, perhaps, that is definition of female empowerment.”

Gladys Perint Palmer, executive director of the School of Fashion at the Academy of Art University in San Francisco, also notes that “the trouser suit [and] the tuxedo were ahead of the curve; the see-through blouse allowed mischief;

Pinstripe
wool pantsuit,
spring 1967



The iconic Le
Smoking
tuxedo, fall/
winter 1966



Classic black
leather motor-
cycle jacket, Saint
Laurent spring/
summer 2013





Spring/summer 2013 runway look featuring the Janis pump, part of the permanent collection

TRAVEL IN STYLE: SAINT LAURENT DUFFEL

A distinctive unisex accessory, the Saint Laurent duffel bag was inspired by creative director Hedi Slimane's own travels between Paris and Los Angeles. Combining both function and classicism, it's perfect for travel or work.

"It's completely timeless and has a very sophisticated shape," says Robanne Schulman, an Atlanta-based personal shopper.

Originally created as a custom piece for himself, Yves Saint Laurent co-founder Pierre Bergé and actress Gwyneth Paltrow, Slimane launched the duffel with his inaugural Saint Laurent collection. The bag can be hand-carried or slung over the shoulder, and comes in leather and leather/suede.

"The classic duffel is minimalist and perfect for right now," says fashion stylist Alexis Honce. "The clean lines lend it to work for him or her ... I prefer structured bags with immaculate construction, so the classic duffel is a must."



and he mixed colors to make women happy."

In addition, YSL's iconic woman's tuxedo, *Le Smoking*, was praised as one of Saint Laurent's most notable creations, pioneering the use of power suits and the pantsuit in modern society. The Mondrian dress, which paid homage to one of the most contemporary artists of his time, Piet Mondrian, was also recognized as a brilliant use of the color-blocking technique and regarded as a work of art.

While he clearly was inspired by art and exotic locales such as Morocco and China—creating the safari patch pocket jacket and black crocodile motorcycle jacket—Saint Laurent also designed clothes that reflected contemporary culture. "His inspirations also came from the street—poor boy sweaters and denim," Walford says. "[Saint Laurent] once said he wished he had invented blue jeans."

A New Era

In the years following Saint Laurent's retirement in 2002, the Yves Saint Laurent brand languished slightly. The lack of the founder's presence was compounded by the departure of Slimane, who left his position that same year as artistic director for YSL's men's collection for a post as creative director at Dior Homme. "[After Saint Laurent's retirement] the house of YSL was just another fashion house trying to sell clothes," Walford says.

Dr. Valerie Steele, director and chief curator of The Museum at the Fashion Institute of Technology in New York, adds that during the decade following Saint Laurent's retirement, the direction of the house was sometimes "unclear," with various designers developing ready-to-wear collections under the YSL brand.

Meanwhile, Slimane established himself on the leading edge of men's fashion as creative designer for men's clothing at Dior, and in 2002, he was the first menswear designer to receive the International Award from the Council of Fashion Designers of America.

"When he came in at the beginning of Dior Homme, there was really nothing great going on with menswear," Bru says. "Slimane came in and started this whole late '60s-like rocker look—super slim suits and slim jeans. He revolutionized how guys dress. The skinny jeans were back. That's still what H&M, Topshop and other stores are doing. It all followed what Hedi Slimane did at Dior Homme."

Now, Slimane has brought that same invigoration to Saint Laurent in what has also been referred to as one of the most contentious undertakings of a



brand reinvention in recent memory. In taking the reigns, he not only changed the house's name but also moved its design headquarters to Los Angeles.

"Slimane has put Saint Laurent back on the streets," Bru says. "It's become younger, and you can wear it every day."

Rock Revival

When Slimane was appointed creative director of Yves Saint Laurent, he assumed total responsibility for the brand image and all of its collections. His first women's ready-to-wear collection—spring/summer 2013, which debuted in late 2012—honored Saint Laurent, with long, sheer maxi dresses, tuxedo elements and big bows at the neck. "It derives from Saint Laurent's own style," Steele says.

The fall 2013 collection, however, resonates more with Slimane's own aesthetic—clothes that are grunge, irreverent and cool. The creative director's rock 'n' roll vibe, however, isn't an extreme departure for the brand. In May 1971, Yves Saint Laurent dressed Mick and Bianca Jagger for their wedding, cementing the relationship between rock icons and the fashion house. Slimane renewed that tradition in 2013 when he selected Christopher Owens, American singer-songwriter for the now-disbanded indie rock band Girls, as the face of Saint Laurent's re-launch.

Merging music with fashion isn't a new concept for Slimane—for the past decade, he has photographed and documented rock royalty from legends like Beck and Courtney Love to Marilyn Manson. During his rising career, Slimane also designed stage wear for numerous musicians, including Jack White and David Bowie. Since becoming head of Saint Laurent, he's commissioned electronic music duo



Left: printed asymmetric tiered ruffle silk muslin dress, fall/winter 2013; right: black leather mini dress, fall/winter 2013

Daft Punk to create the soundtrack for his inaugural runway show and launched the Saint Laurent Music Project, a growing portraiture campaign of rock stars styling themselves in the brand's apparel.

"My first thought when I saw the [fall 2013] collection was that [Slimane] isn't afraid to let his aesthetic dominate a brand and its history," Honce says. "[Slimane] is designing exactly what the mood calls for. ... I just hope that the YSL woman isn't afraid to try something new."

Now, a little more than a year after Slimane took over Saint Laurent, the brand identity of the new fashion house has continued to expand. The recently opened 22,000-square-foot store at the Bal Harbour Shops in Bal Harbour, Fla., has been completely designed by Slimane with French Art Deco influences, and Bergdorf Goodman in New York has built special departments for Saint Laurent in its men's and women's stores. Ten new concept stores have opened or will open in the U.S. this year in cities from New York and Los Angeles to Chicago, Honolulu and Houston, in addition to locations in Berlin, London and Shanghai.

While it's only been a little more than a year since the fashion house re-branded itself, it's clear that the vision Slimane created is a success. With a rock-chic sensibility combined with artistic versatility the new Saint Laurent is here to stay. **B**

TIMELESS YET EDGY

Combining rock sensibility with timeless accessories and key pieces, Saint Laurent stays true to its founding vision with these year-round must-haves.



STRIPED SUEDE AND METALLIC-LEATHER SANDALS

"[These] were probably the most interesting shoes that came out for the spring/summer," says fashion stylist Nicolas Bru.



FLAT BOOT

"These are going to be a great boot for everyday dressing," says fashion stylist Alexis Honce.



STUDDED CUFFS

"The jewelry is great," Bru says. "I love all the studded cuffs."



LEATHER JACKET

"The leather jackets are great staples, and I will be layering them in fall with the flirty silk dresses shown in the collection," Honce says. "The collection does have an ease to it."



HAUTE WINE

*From fashion design to winemaking, the family of the late
Salvatore Ferragamo brings the patriarch's vision
and craftsmanship to Tuscany's Il Borro winery.*

BY MONICA PRELLE | PHOTOS COURTESY OF IL BORRO

THE ART OF MAKING FINE WINE CAN IN MANY ways be compared to the careful craftsmanship of fashion design—both require not only time and dedication but also passion in order to produce an exquisite product.

Making a break from haute couture and into winemaking, Salvatore Ferragamo Jr., namesake grandson of the iconic Italian shoemaker and fashion designer, is following in his grandfather's footsteps by turning passion into a successful business venture with Il Borro winery, a medieval hamlet in Tuscany, Italy, which has been owned by his family since the 1990s.

Currently the CEO of the Il Borro Resort, Spa and Winery, the younger Ferragamo partnered with his father, Ferruccio Ferragamo, the president and CEO of the Salvatore Ferragamo Group, to turn the family's once private and charming countryside estate into a burgeoning winery. "Winemaking is agriculture: You are working with the land, you are working with the elements," Salvatore Ferragamo Jr. says. "Every year you get a different harvest and it is, in a way, very true—the true world."

From Medieval to Magnificent

With a history that dates back a thousand years, the Il Borro estate boasts an illustrious past that was originally built to be a meeting place and a source of work for residents in the area. The heart of the estate is the medieval village, which is built on the jagged rocks of the "borro," a term used to indicate a ravine formed by the bed of a stream.

Ferruccio Ferragamo first visited the Il Borro estate in 1985 on a hunting trip



and immediately fell in love. He returned often with his family, and in 1993 he was given the opportunity to purchase the 1,750-acre sprawling property from the owner, Duke Amedeo D'Aosta. But opening the villa operation was not that simple. The widespread manor was destroyed during World War II, and the village was in poor shape. It took nearly 10 years to restore the property to its original beauty.

Now, 20 years after the purchase of Il Borro, the estate includes enchanting villas, a spa, two restaurants and a winery. The property has also converted to solar power, the vineyards are biodynamic (a method of organic farming) and the estate has 300 acres of agriculture land that grows sunflowers, wheat, corn, olive trees for olive oil, and organic fruits and vegetables for its restaurants.

A Distinguished Region

Located in the Chianti region of Tuscany just one hour south of Florence, Il Borro is nestled at the foot of the Pratomagno Mountains. Since the 13th century, this small wine region has produced some of the best known and appreciated wines, from the Chianti Classico to super Tuscans.

But while Italy is considered one of the oldest wine-producing countries in the world, the second largest producer of wine behind France and the top wine exporter in the world, according to the International Organisation of Vine and Wine, the country also has some of the strictest wine laws in the world. Italy's most famous and reputable wine regions are regulated by the "denominazione di origine controllata" (DOC) or "denominazione

di origine controllata e garantita” (DOCG), which control the grape varieties, yield of grapes, vineyard methods and winemaking practices.

Though many great sangiovese-based wines come from prestigious regions in Tuscany like Chianti Classico and Montalcino, not all winemakers in those zones choose to plant the approved varietals and make wine according to DOCG law. In the 1970s, winemakers who were frustrated with these wine laws, particularly the varietal requirements, decided to break free of tradition.

“Chianti Classico did not allow 100 percent sangiovese and required the use of white wine varietals in the blend,” explains Paul Wagner, a Society of Wine Educators board member and Tuscan wine expert. “To make wines that effectively competed in the world market, producers explored the more lenient rules of table wines, or ‘indicazione geografica tipica’ (IGT).”

These renegade table wines became known as super Tuscans and blended international varieties like cabernet sauvignon, merlot and syrah with sangiovese. These wines soon became fashionable around the world, opening the doors for younger winemakers to plant vineyards with varieties that best suit the vineyard’s terroir.

“Tuscany is an international mix of top players,

very much like Napa or Bordeaux, and these producers are clearly driven to make world-class wines,” Wagner says. “You can see this not only in the final product, but also in the ways that the DOCG has evolved over the past 10 years. The focus on creating exceptional wines has never faltered.

“Super Tuscans are certainly great wines, and they do offer some classic characteristics of Tuscany—most specifically the brighter acidity,” he continues. “We’ve also seen how the DOCG wines of these regions in Tuscany have evolved to create world-class wines as well. I don’t think there is a more exciting region in the world because of these two factors.”

Il Borro Winery

A small production winery, Il Borro produces 150,00 bottles or 12,500 cases per year. The lush vineyards have recently been converted to organic and biodynamic, and the resulting wines show classic Tuscan acidity with rustic characteristics of the land.

“The property is really showing an interesting quality in the wines,” Salvatore Ferragamo Jr. says. “We are a very small operation, but we are really concentrating on the quality. We want to become [a] niche producer of top quality wines.”



With renowned Italian winemaker Stefano Chioccioli at the helm, the wines have garnered recent attention. Last summer, Robert Parker’s Wine Advocate awarded Il Borro’s flagship wine, the Il Borro Toscana, a merlot-cabernet-syrah blend, 94 points for the 2009 vintage.

“The Il Borro [Toscana] represents a wise marriage between vines that by now I think as varieties of Tuscan tradition,” Chioccioli says.



Il Borro winery is located on 1,750 acres of sprawling grounds.



Il Borro is considered a small production winery, with 12,500 cases per year.



Il Borro vineyards have recently been converted to be organic and biodynamic.

“The blend of merlot, cabernet sauvignon, syrah and a touch of petit verdot makes it a unique wine of great personality that fully expresses the terroir of the Borro.”

Although the Il Borro estate is located within the Chianti DOCG, the winery has followed the ways of legendary super Tuscan producers like Tignanello, Vigorello and Sassicaia. The Il Borro estate offers a diverse range of soils, including clay in the deeper parts of the valley, sand on the hillsides and rocky schist in the mountains. The 2,000-acre property is planted with 100 acres of vineyards with six varietals including sangiovese, merlot, cabernet sauvignon, syrah, petit verdot and chardonnay.

“We did a very careful study of the property and planted vines that perform best in the different types of soils, so the wines speak of the estate,” he says. “We made sure we had the right equipment so that we could give full expression to and get the very best out of the terroir that we had inherited from our ancestors.”

If there’s one similarity between the Salvatore Ferragamo brand and the Il Borro winery, it’s the attention to quality. Although the namesake Ferragamo has chosen a different path, he says that he holds the same values as his grandfather: “the belief in listening to what your heart is telling you and living your dream.”

And with those values, Salvatore Ferragamo Jr. has cultivated a winery that is as distinctive as his family history.

“Starting something from scratch has been very rewarding,” he says. “I’m sure the family business would have been interesting. But I am very fortunate that I did this because I’ve involved in this process since the beginning.” **B**

TASTING NOTES

DISTRIBUTED ACROSS 39 STATES IN THE U.S., IL BORRO’S WINES MAKE FOR GREAT PAIRINGS.

2009 IL BORRO POLISSENA TOSCANA IGT ROSSO, TUSCANY

The Politi vineyard from which this 100-percent sangiovese is produced has well-draining schist soil and is the highest vineyard in the Il Borro estate, at approximately 1,150 feet above sea level. The wine has light aromatics of dust and tea leaves, with rustic tones on the palate with notes of tart cherry and strawberry. The wine is balanced with high acidity and integrated with light oak. PAIR WITH: Red or white roasted meats, or pasta dishes with a tomato-based sauce

2010 IL BORRO PIAN DI NOVA TOSCANA ROSSO IGT, TUSCANY

This blend of 75 percent syrah and 25 percent sangiovese is a medium-to-dark garnet color. The two varieties are separately blended after malolactic fermentation, and then aged in oak for an additional six months. Flavors of blueberry and hints of tobacco are complemented by notes of vineyard soil. The wine shows medium acidity and oak, creating a restrained super Tuscan that is round, soft and pretty in the glass. PAIR WITH: Pasta dishes with a Bolognese sauce or grilled lean meats

2009 IL BORRO TOSCANA ROSSO IGT, TUSCANY

The signature wine of the Il Borro estate is a blend of 50 percent merlot grown on rich clay soil, 40 percent cabernet sauvignon from ancient alluvial sand and 10 percent syrah from mineral-rich soils. The vineyards are planted at an average elevation of 1,000 feet. The wine is dark garnet in the glass, offering aromas of dark fruits, herbs and spice, and is complex with firm tannins, balanced acidity and oak. Notes of blackberry, leather and tobacco linger on the palate. PAIR WITH: Roasted or grilled fatty meats and mature cheeses



In the Bag



TRAVEL IN STYLE: JONATHAN ZRIHEN

BY ALLISON HATA

As PRESIDENT AND CEO OF CLARINS, North America, Jonathan Zrihen has journeyed to the far reaches of the world. An avid traveler, Zrihen was born in Toulouse in the south of France and has since worked and lived in an expansive number countries, including Ireland, Canada, Sydney and South Africa, among others. When he's with his wife and three children, however, he loves to spend his time outdoors playing tennis or windsurfing while cool ocean breezes carry the scent of salt-water through the air. If he's not exploring the Whitsunday Islands off the Australian coast, he's enjoying a seaside escape with his family in Bali or along California's western coastline. "I love the nature, beach and that you are in the middle of such a beautiful remote place," he says of Bali. "I [also] love discovering beaches between San Diego and Los Angeles." **B**



"I always have a book, a professional iPad, personal iPad mini and iPod for music ... I read newspapers every day on my iPad—The Wall Street Journal and The New York Times."



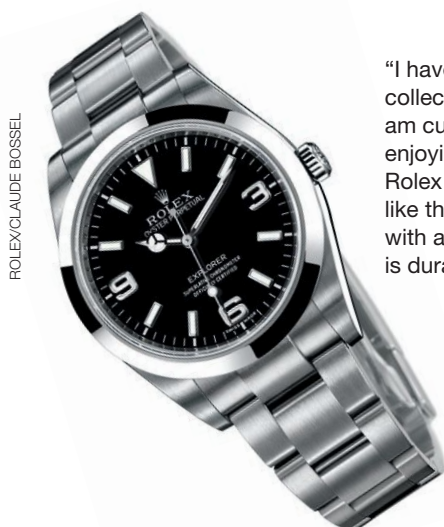
"My summer essential is a tennis racquet on holidays ... I like to play once a day."



"Clarins Gentle Foaming Cleanser is perfectly formulated with plant extracts to keep my skin refreshed, balanced and hydrated, especially after many flights."



"Thierry Mugler cologne has the perfect clean, fresh scent that's distinctive without being overwhelming."



ROLEX/CLAUDE BOSSEL

"I have a watch collection and am currently enjoying the Rolex Explorer—I like that it goes with any suit and is durable."

"I have a Lancel garment bag on wheels, which is perfect for keeping suits wrinkle-free when traveling. It can hold from one to three suits, so it's ideal for either short or long trips."



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